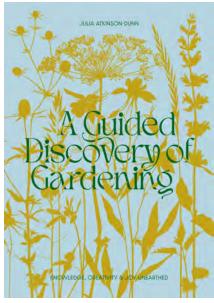
OCTOBER 2023

NEW RELEASE CATALOGUE

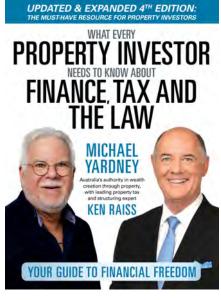


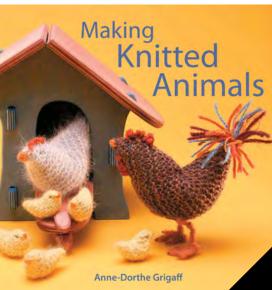












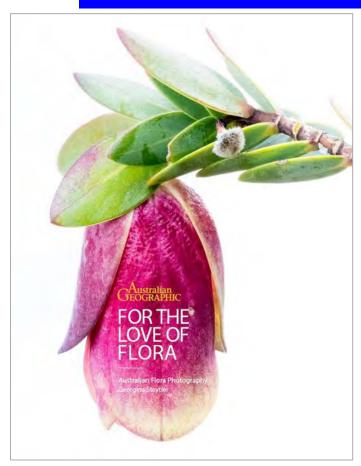
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Author Bio:

Georgina is a self-taught Australian wildlife photographer, specialising in native birdlife. She produces images for use by conservation organisations across Australia, as well as teaching the art and ethics of bird photography through workshops, talks and articles.

In 2018, she became the first Australian woman to win a category in the Wildlife Photographer of the Year, the world's foremost nature photography competition. Other awards include Australian Geographic Nature Photographer of the Year (Portfolio Prize 2016), Bird Photographer of the Year (Best Portfolio 2020 and Creative Prize 2018), Grand Prix Winner of EAAFP Waterbirds Photo Contest 2019 and Australian Photography Awards (Wildlife). For the Love of Flora marks Georgina's second collaboration with Australian Geographic, after For the Love of Birds (2021).



For the Love of Flora

By Georgina Steytler

Key Sales Points:

- * Beautiful, unique images by award-winning Australian photographer Georgina Steytler.
- * Professional insight into floral photography.
- * Explores the concept of ethical and low impact photography.

Artistically photographed by Georgina Steytler, this book is an enchantment of our native flora, celebrating its beauty and diversity - from the more familiar eucalypts and wattles to carnivorous sundrew and secretive orchids.

AUSTRALIAN GEOGRAPHIC

Category: PHOTOGRAPHY & PHOTOS

Author is from WA

Colour Throughout Disc: Trade Australian

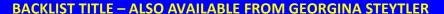
Disc: Trade Australian Hardback 330 X 240 mm 240 pages

Release Date: October 2023

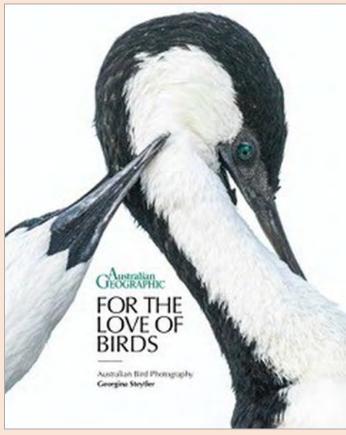
9781922388957 AUD\$: 59.99











Georgina is a self-taught Australian wildlife photographer, specialising in native birdlife. She produces images for use by conservation organisations across Australia, as well as teaching the art and ethics of bird photography through workshops, talks, and articles. In 2018 she became the first Australian woman to win a category in the Wildlife Photographer of the Year, the world's foremost nature photography competition. Other awards include Australian Geographic Nature Photographer of the Year (Portfolio Prize 2016), Bird Photographer of the Year (Best Portfolio 2020 and Creative Prize 2018), Grand Prix Winner of EAAFP Waterbirds Photo Contest 2019 and Australian Photography Awards (Wildlife).

For The Love of Birds

By Australian Geographic, Georgina Steytler

Key Sales Points:

- * Beautiful, unique images by award-winning Australian photographer Georgina Steytler.
- * Professional insight into the art of bird photography.
- * Explores the concept of ethical and low impact photography.

Georgina Steytler, one of Australia's most gifted wildlife photographers, is passionate about birds and conservation. In this stunning collection of her work over the last decade, her poetic images portray birds as individuals, each with a character of its own, an intelligence and beauty to be admired, a mystery to be solved, a skill to be envied and each with a unique, and deserved, place in this world.

An ethical artist who believes in treading lightly on the earth, she practices and describes the art of low impact photography which doesn't distress wildlife or disturb natural behaviours. Georgina's photographs are created to evoke emotion and imagination. She's drawn to birds with personality and likes to use the elements, light and landscape around the bird to portray a sense of place, scale, perspective, contrast, mood and mystery. In For the love of birds, you'll get to know some of Australia's 830 species of birds in a series of beautiful and powerful images that will reconnect you with our natural world and inspire you to notice the wonderful birds all around us.

AUSTRALIAN GEOGRAPHIC

Category: NAT HIST/WLDLFE/PETS

Colour Throughout Disc: Trade Australian 300 X 240 mm

Release Date: October 2021

Release Date: October 20



Hardback 240 pages

AUD\$: 59.99

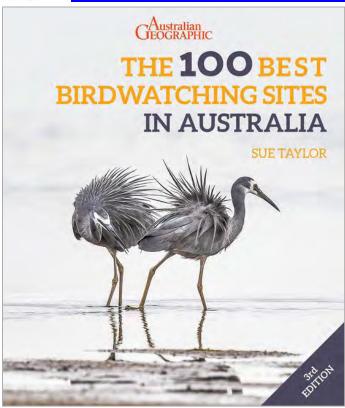












Sue Taylor is a keen birdwatcher and twitcher. She has seen over 800 Australian birds on her travels throughout Australia and its territories. After a series of administrative jobs, she embarked on a freelance writing career in 1998 and has since written short stories, magazine and newspaper articles and five books on birdwatching. She is also the author of Birding Australia's Islands, published by John Beaufoy Publishing.

Australian Geographic's The 100 Best Birdwatching Sites in Australia 3/e

By Sue Taylor

The 100 Best Birdwatching Sites in Australia contains the author's personal selection of 100 of the best birdwatching sites in all states, territories, and islands of Australia.

The sites are chosen for the large number of species or the large number of special birds to be found in each one.

In some cases, the sites are quite specific, such as Hasties Swamp, some are huge (Lakefield National Park), some are lengthy (the Strzelecki Track) and some cover a whole district, such as Katherine.

Access details of sites have been updated where relevant for the 3rd edition. Sue Taylors engaging narrative describes the efforts she goes to in search of species.

For each site she covers the type of habitat, which special species may be found there and when is the best time to visit. She lists four birds to look out for. Photographs show the site and two of the species that inhabit it whether as residents or as seasonal visitors.

JOHN BEAUFOY AUD

Category: NAT HIST/WLDLFE/PETS

Colour Section(S)

Disc: Trade International Paperback 210 X 180 mm 224 pages

Release Date: October 2023

9781913679514 AUD\$: 39.99







Astronomy 2024 Australia

Your Guide to the Night Sky

By Glenn Dawes, Peter Northfield, Ken Wallace

Key Sales Points:

- * Written by Australians for Australians.
- * This yearbook has been designed for anyone who looks at the night sky whether they are using just their eyes, a pair of binoculars or a telescope.
- * There is something for everyone from the basic novice up to the advanced amateur astronomer. This includes those with a casual interest who might just want to know, "what is that bright star next to the Moon?".
- * The diagrams use colours that allow them to be read when using a red light (to preserve your night vision).
- * Previous Edition ISBN 9780992440985.

This annual gem (produced each year since 1991) continues to take the Australian stargazer on a wondrous journey of the night sky.

This critically acclaimed work, produced by three well known experts in the field, takes a unique approach to explaining and identifying the Sun, Moon, planets, and constellations; it is simply the best publication of its type in the world.

Author Bio:

The three authors of the yearbooks: Glenn Dawes, Peter Northfield and Ken Wallace backgrounds stem from a long love affair with the night sky dating back to the 60s & 70s. This amateur interest led to them becoming long term members of the Astronomical Society of NSW (ASNSW). This association not only fostered their interest in all aspects of amateur astronomy but lead to developing skills in communicating through the various public field nights and the society's publications. This experience with the public, and the exploring of their needs, formed the platform on which the yearbook concept emerged in the late 80s. Their first yearbook was produced for 1991 and they have produced the book every year since.

QUASAR

Category: ASTRONOMY Colour Throughout Disc: Trade Australian 275 X 210 mm

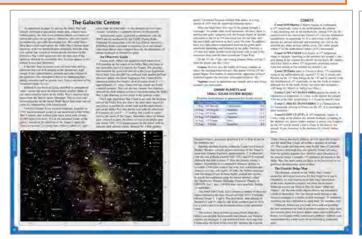
Release Date: October 2023

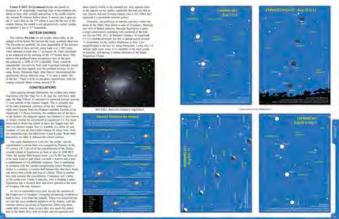
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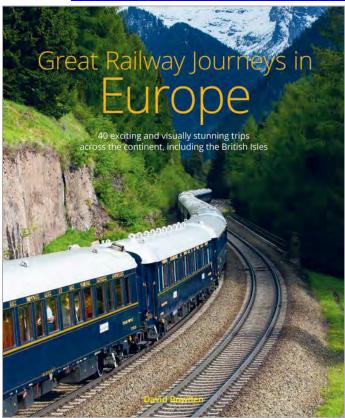
Paperback 152 pages

AUD\$: 32.95









David Bowden is a freelance journalist based in Malaysia, specializing in travel and the environment. While Australian, he's been living in Asia longer than he can remember, but travels extensively. He has a particular enthusiasm for Swiss railways. He is the author of Great Railway Journeys in Australia and New Zealand, and Great Railway Journeys in Asia as well as several titles in the enchanting series, all published by John Beaufoy Publishing.





By David Bowden

Great Railway Journeys in Europe features 34 fascinating journeys in North-West, Nordic, Central, Southern and South-East Europe, ranging from international mega-trips to short, nostalgic excursions on steam trains.

There are journeys through stunning scenery, such as the trip on The Rauma Line in Norway; tracks that defy the terrain, such as the routes through the Swiss Alps, and journeys that link famed cities in France, Spain, Austria, and Italy. Photographs illustrate the spectacular routes, remarkable locomotives, and unique station architecture.

For each journey, details cover technical information on the track, descriptions of the scenery the trains pass through, notable facts about the destinations and information on ticketing.

Each journey is plotted on a route map. Whether you are planning a special trip by train or delighting in discovering Europe's best railway journeys from the comfort of your armchair, this book is an informative and entertaining read.

Hardback

160 pages

AUD\$: 49.99

JOHN BEAUFOY AUD

Category: NAT HIST/WLDLFE/PETS

Colour Section(S)

Disc: Trade International

260 X 215 mm

Release Date: October 2023

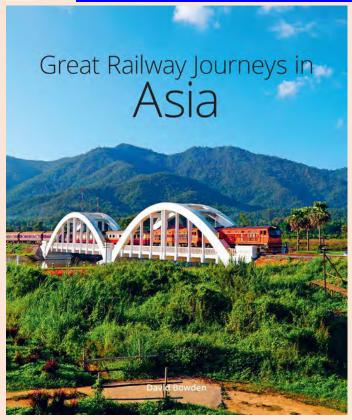
9781913679521











David Bowden is a freelance journalist based in Malaysia, specializing in travel and the environment. While Australian, he's been living in Asia longer than he can remember, but returns frequently to his home country and has a particular enthusiasm for the revived railways there. He is the author of Great Railway Journeys in Australia and New Zealand, Enchanting Australia, Enchanting Bali & Lombok, Enchanting Borneo, Enchanting Indonesia, Enchanting Langkawi, Enchanting Malaysia, Enchanting Singapore and Enchanting Vietnam, all published by John Beaufoy Publishing.

Great Railway Journeys in Asia

By David Bowden

Great Railway Journeys in Asia showcases 34 of the best rail journeys in South, Southeast and North Asia. The journeys chosen by David Bowden, an avid rail traveller, range from quirky trains used as essential travel for locals, such as the North Borneo Railway, to trains on which passengers can experience 5-star luxury as they travel through stunning scenery, as, for example, the opulence of Indias Palace on Wheels.

Other journeys are chosen for the marvel of their engineering, Thailands Death Railway for instance, features the 300-metre long Tham Krasae trestle bridge or for the length of a country that they traverse, like the Trans-Mongolian Railway that connects Beijing with Moscow via vast plains and steppes. Some are slow trains and some travel at super-high speeds.

For each journey, there is historical, technical, and practical information as well as interesting details on the places accessible from the main stations. Each is accompanied by a route map. Whether you are planning a special trip by train or delighting in discovering Asias best railway journeys from the comfort of your armchair, this book is an informative and entertaining read.

JOHN BEAUFOY PUBLISH

Category: NAT HIST/WLDLFE/PETS

Colour Section(S)

Disc: Trade International

260 X 215 mm

Release Date: October 2022

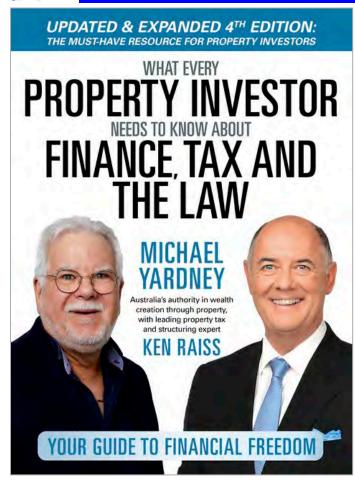
9781913679309

9 781913 679309

Hardback 160 pages

AUD\$: 49.99





Michael Yardney is a bestselling author, regular commentator on television and commercial radio, and has a regular column in Yahoo Finance, Your Investment Property magazine and Smart Company. Michael's Property Update blog has been voted the worlds #1 real estate website for 2017, 2018 and 2019, and his podcast regularly ranks in Australia's top business podcasts. Michael has probably educated more successful property investors than anyone else in Australia and has once again been voted Australia's leading property educator and mentor.

Ken Raiss is a Director of Metropole Wealth Advisory and has over 40 years' experience in

accounting, taxation, structuring, asset protection and financial planning.

What Every Property Investor Needs to Know About Finance, Tax & The Law 4/e

By Michael Yardney, Ken Raiss

Key Sales Points:

- * An expert 's guide to financial freedom that reveals how some people work less, earn more, pay less tax and become more financially secure than others.
- * Two well know experts provide a one-stop guide for both beginners and experienced property investors with exclusive information not available elsewhere.
- * Michael and Ken provide current, relevant and clear advice, guiding investors in building wealth against a back drop of raising interest rates, inflation, cost of living pressures.
- * This book contains the information other "money books" have left out including how to treat property investment as a business and how to take advantage of the system, rather than having it work against you.
- * Previous Edition ISBN 9781925642223

With the property markets picking up more and more, Australians are keen to secure their financial futures through real estate investing.

This is a must read for Australia's 2.1 million property investors and anybody contemplating investing in property. However, this is not just another book on property investment.

It's a plain English guide to understanding 'the system' so readers get it working for them and not against them.

In this fully updated 4th edition, Michael Yardney, Australia's leading expert in wealth creation through property, and property tax accountant and structuring specialist Ken Raiss share their decades of experience to help both beginners and experienced investors navigate the complex world of property investment.

WILKINSON PUBLISHING

Category: FINANCE & ACCOUNTING

Not Illustrated

Disc: Trade Australian

235 X 172 mm

Release Date: October 2023

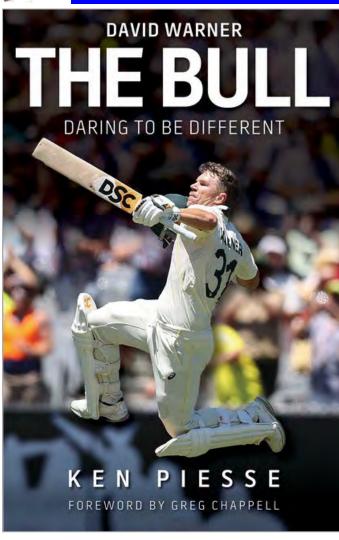
9781922810700

Paperback 360 pages

AUD\$: 44.99







Born the year the Melbourne Cricket Ground (MCG) Test wicket was illegally watered, author and commentator Ken Piesse is Australian cricket's master storyteller, who has written, edited, or published 87 books on the summer game, including Cricket's Colosseum, 125 years of Test Cricket at the Melbourne Cricket Ground. Ken was president of the Australian Cricket Society from 2006-22. He works for P & O telling stories, tall and true, on cricket and football. He is also a proud member of the Mt Eliza fifth XI on the Mornington Peninsula, and occasionally his very loopy leg-breaks land. In one breakout 'C' section match in the Australian Over 60s National Championships in Perth in 2016–17, his 40 (retired) came at better than a run-a-ball. His Pictorial History of Australian Test Cricket (2016 for Echo/Bonnier) was recognised as the Australian cricket book of the year. He is the author of the bestselling book, On Ya Warnie.

The Bull - David Warner **Daring to Be Different**

By Ken Piesse, Greg Chappell

Key Sales Points:

- * The first ever full-scale biography of David Warner.
- * Written by Ken Piesse, Australia's most published living sports author with 87 books written, edited, and published including Cricket's Greatest Scandals and the bestselling On Ya Warnie, illustrated by Paul 'Harv' Harvey.
- * Includes a foreword by Greg Chappell, one of Australia's most celebrated and enduring cricketing legends.
- * Includes a David Warner's Who's Who with all the stats and records of his games, a detailed timeline of his career and things you may not have known about Warner including his suspensions, back-to-back rebounds during the Ashes contest with 500-plus runs in South Africa that led to an Australian victory, the 2022-23 season in India that led to former team member Mitchell Johnson calling for him to be dropped, and so much more.

Unveiling cricket's greatest entertainer! The first Australian cricketer to play 100 internationals across all three levels (Tests, ODIs and T20s), David Warner is a champion of his generation; fabulous but flawed. No Australian opener in history has surpassed his rapid-fire strike rate more than 70 runs per 100 balls. Only one other has surpassed his aggregate of 45 centuries across all levels. Feisty, flamboyant, verbose, and villainous, few have been as entertaining or as polarising as the great David Warner. The Bull is the first full-scale biography of one of Australian cricket's champions of the generation. It features the yarns, the stats and all the fun of cricket's greatest entertainer.

WILKINSON PUBLISHING

Category: BIOGRPAHY: SPORTS

Author is from VIC B&W Throughout

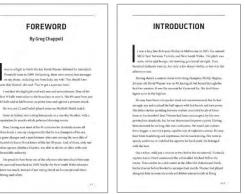
9781922810816

Disc: Trade Australian 234 X 153 mm

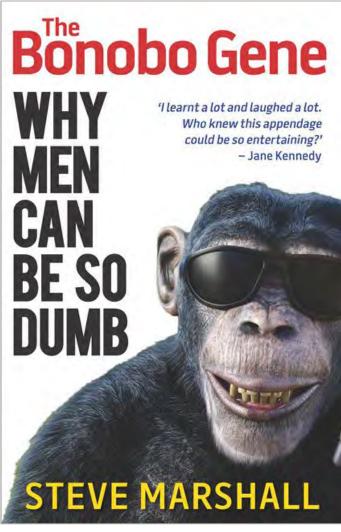
Release Date: October 2023

Paperback 304 pages

AUD\$: 34.99







The stories Steve Marshall can and will tell you. A veteran media performer and creator, Steve has worked with some of the biggest names in Australian entertainment and the sporting world. He has worked as a producer on a host of hit shows across TV and radio- Sale of the Century, The Grill Team, The Footy Show - to name just a few. Steve has done it all. The Bonobo Gene is his first book, but it very much draws on his wealth experience in the entertainment industry over the last few decades. Steve isn't afraid to share his bonobo gene moments and have a laugh in the process.



The Bonobo Gene Why Men Can Be So Dumb

By Steve Marshall

Key Sales Points:

- * Q: What is the Bonobo Gene? A: A theory linking men's propensity for dumb (aka funny) behavior to a breed of African
- * Sharing 98% DNA with a sex and violence-crazed primate might be a bit of a stretch...but in this laugh-out-loud, intriguing, and informative new release, Steve Marshall makes that link. He then backs it up with examples, anecdotes, quotes, tall stories and even a Blokes' Hall of Shame.
- * Steve Marshall is well-placed to take readers on this funny yet informative deep dive into the male brain. Steve has lived and seen it all as a script writer, TV producer, radio performer, podcaster, small business owner, husband, and dad.
- * Like men themselves, The Bonobo Gene is a book that has evolved over time. It's the culmination of two years of research with academics, sports stars, entertainers, businesspeople, friends, and family of all ages. The book's chapters explore different theories and ideas seeking to explain why men are the way they are. Steve canvasses the scientific, the academic and the just plain funny.

Men...can't live with them...can't live without them. Informative and hilarious, The Bonobo Gene includes research from ancient Greece and Rome through to Hollywood, the world's sporting fields, rock 'n' roll stadiums, as well as personal stories from the author, his mates and colleagues.

In deep diving on men and the male appendage, the books balances both the funny and the serious. Steve provides insights on some of our sporting heroes and rock gods, toxic masculinity, #Metoo, the Hollywood casting couch.

"I learnt a lot and laughed a lot." - Jane Kennedy, Working Dog

"A literary tour de force. I commend Steve and the other eleven chimpanzees who wrote it". - Trevor Marmalade, Writer & Comedian

"I'm just glad I'm not in it." - Dermott Brereton, Australian football legend

WILKINSON PUBLISHING

Category: BIOGRPAHY: GENERAL

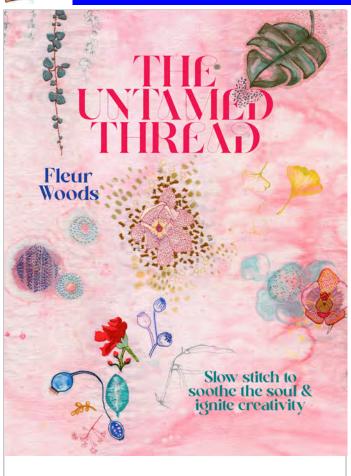
Not Illustrated

Disc: Trade Australian Paperback 234 X 153 mm 144 pages

Release Date: October 2023



9781922810717 AUD\$: 29.99



Author Bio:

Fleur Woods is a Contemporary Fibre Artist based in Upper Moutere at the top of the South Island, Aotearoa New Zealand. Fleur's practice is largely self-taught and inspired by the landscapes and nature she is surrounded with. Celebrated and collected worldwide Fleur's work has been exhibited in New York, Melbourne, Sydney, Auckland, and New Plymouth as well as locally in her hometown of Nelson. Having taught over 5000 people to date both in person and online Fleur's natural, authentic, and kind approach to sharing her unique pathways to creativity is embraced across the globe. With an ever-growing dedicated following of over 30,000 organic connections on socials it's evident that the creative community love what Fleur has to offer and sharing her process and learnings generously in book form will be a welcome addition to allow her established and engaged audience to connect even more deeply with her.

The Untamed Thread

Slow stich to soothe the soul & ignite creativity

By Fleur Woods

The Untamed Thread is the story of Fleur Woods journey from corporate world to creative life woven with generous doses of the practical ways you can bring more creativity into your own

Taking cues from the natural world we wander through Fleur's contemporary fibre art practice to encourage and support you to find your own creative path.

This inspiring creative guide invites you into Fleurs art studio, based in rural Aotearoa New Zealand. Her practice is as untamed as the New Zealand landscape that inspires her, free of rules, guided by intuition and joy in the process.

Together we explore colour, texture, flora, textiles and stitch alongside the magic moments, happy accidents, perfect coincidences, and ridiculous randomness of the creative process.

Embracing the slow, contemplative nature of stitch we can reconnect our creative spirits to reimagine embroidery as a contemporary tool for mark making.

This book wraps you in a warm blanket of nostalgia, grounds you in nature and inspires your senses to allow you to travel down your own creative path gathering all the precious little details meant for you along the way.

KOA PRESS

Category: HANDICRAFTS Colour Throughout Disc: Trade International 260 X 200 mm

Release Date: October 2023

9780473679767

Paperback 240 pages

AUD\$: 49.99

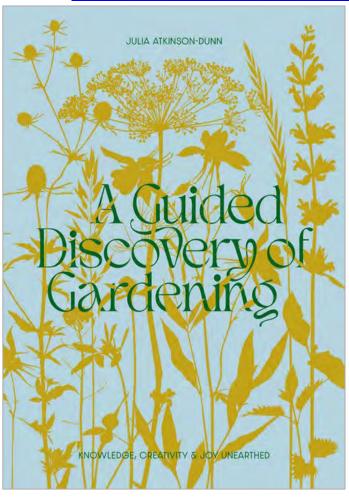












Author Bio:

Gardener, artist and columnist Julia Atkinson-Dunn works closely with the garden community as a speaker and host at festivals and events, advocating the magic of gardening to her peers.



A Guided Discovery of Gardening Knowledge, Creativity & Joy Unearthed

By Julia Atkinson-Dunn

Key Sales Points:

- * This image-laden, practical book is a comprehensive partner in creating a garden, arranged to sweep beginner and progressing gardeners through informative basics to fascinating insights laid bare through her casual, friendly writing.
- * From introductions to plant types and taking cuttings to valuable tips for home buyers.
- * Particularly relevant to temperate regions around the world, rich doses of handy knowledge are intermingled with reflective essays and visits to some of her favourite gardens.

For some, gardening is a mysterious activity involving muck, unfathomable know-how and physical labour. To others, it is their gateway to creativity, well-being, and magic.

Julia Atkinson-Dunn knows what it is to stand on both sides of this fence and has channelled her discovery of gardening into a book to aid and inspire others in their own.

A Guided Discovery of Gardening is a comprehensive partner in creating a garden, arranged to sweep beginner and progressing gardeners through informative basics to fascinating insights laid bare through her casual, friendly, and often personal writing.

From introductions to plant types and taking cuttings to valuable tips for home buyers and the curation of seasonally responsive planting. Particularly relevant to temperate regions around the world, rich doses of handy knowledge are intermingled with reflective essays and visual visits to some of her favourite New Zealand gardens, including her own.

"Treat this book as your trusted friend, its pages a place you can return to time and again for positive reinforcement and relatable topics as you embark on your own journey in discovering the beautiful rewards of creating a garden, just as I have".

KOA PRESS

Category: GARDENING Colour Throughout Disc: Trade International 240 X 175 mm

Release Date: October 2023

9780473672058

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Paperback 384 pages

AUD\$: 49.99





Flowers for Friends
Casual, Seasonal Arranging for Gardeners

By Julia Atkinson-Dunn

Key Sales Points:

- * Flowers for Friends is both a reflection, and story of the seasons brought indoors by Julia Atkinson-Dunn when harvesting from her garden and foraging.
- * Written in her signature casual tone, Julia offers an accessible guide to picking, conditioning, and arranging home-grown treasures, celebrating their quirks, and encouraging unexpected combinations.
- * Seasonal chapters profile arrangements she has made, detailing plant types and inviting readers to play without the hunt for perfection, or restraint.

This is a book about flower arranging from the perspective of a gardener. Harvesting from the garden means short, wonky stems, bruised petals, insects crawling out of blooms and the open invitation to claim a weed or vege as vase fodder. Flowers for Friends is both a reflection, and story of the seasons brought indoors by Julia Atkinson-Dunn when harvesting from her garden and foraging in Canterbury, New Zealand. Seasonal chapters profile arrangements she has made, detailing plants in season and inviting readers to play without the hunt for perfection, or restraint.

KOA PRESS

Category: HANDICRAFTS
Disc: TRADE INTERNATIONAL

260 X 200 mm

Release Date: November 2021

9780473587680



Paperback 192 pages

COLOUR THROUGHOUT

AUD\$: 49.99



Lost & Found

Discover hidden treasures amongst the blooms

By Zoe Field

Key Sales Points:

- * Lost & Found is a large format, beautiful photographic book that celebrates the joy and beauty of flowers throughout the seasons.
- * A series of detailed and enchanting botanical flat lays will transport you into the world of 15 imagined creative characters, whose lives have been shaped by nature.
- * Get lost in their stories as you search for hidden objects amongst the blooms and foliage.

Lost & Found is a large format, beautiful photographic book that celebrates the joy and beauty of flowers throughout the seasons. A series of detailed and enchanting botanical flat lays will transport you into the world of 15 imagined creative characters, whose lives have been shaped by nature. Get lost in their stories as you search for hidden objects amongst the blooms and foliage. Inspired by her flower-filled life in Gisborne, New Zealand, grower, and florist Zoe Field presents her work through a new, magical lens. Combining her extraordinary photography and flowering skills she not only offers readers of all ages a visual delight but also idea-laden lists of plants to capture the imagination of any gardener, regardless of their experience.

KOA PRESS

Category: HANDICRAFTS
Disc: TRADE INTERNATIONAL

300 X 230 mm

Release Date: October 2022

9780473634445

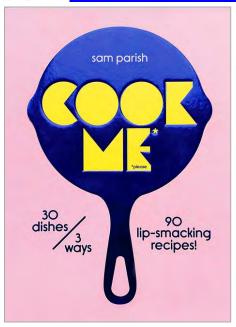


Hardback 176 pages

COLOUR THROUGHOUT

AUD\$: 69.99





Cook Me

30 Dishes - 3 Ways, 90 Lip-Smacking Recipes!

By Sam Parish

Key Sales Points:

- * A cookbook with the freedom to choose!
- * 90 uncomplicated recipes with maximum flavour and minimum fuss.

This is a cookbook with the freedom to choose! 30 dishes cooked 3 ways giving you 90 uncomplicated recipes with maximum flavour and minimum fuss. For each dish Sam has 3 versions: 1. Slap it together: Sam's 'hack-style' recipes that are even more minimum fuss than usual. This one's all about putting convenience and flavour first and getting you a result with the smallest effort required. 2. Go to: Sam's ride-or-die, tried-and-true recipes that are on heavy rotation at her place and will never go out of style. From fish burgers, to egg and shrooms on doorstop toast to flexi vegan banana bread (yes totes a thing) they've been developed along the years to be the best of the best. 3. Long game: Sam's not-so-fast, not-so-casual recipes. Sometimes we do have a bit more time up our sleeves and want to go the full nine yards. These recipes have elements that require a little more effort but are worth it for the result and fear not! They still have a minimum of fuss approach to see us learning something new but not being chained to the stove for seven hours.

KOA PRESS

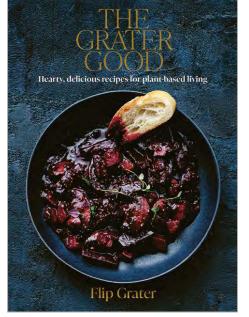
Category: COOKERY FOOD & DRINK

Disc: TRADE INTERNATIONAL Hardback 240 X 175 mm 304 pages

Release Date: November 2022

9780473635220





The Grater Good
Hearty, Delicious Recipes for Plant-Based Living

By Flip Grater

Key Sales Points:

- * The Grater Good by Flip Grater highlights food that is truly delicious and about indulgence yet happens to be good for you and the planet.
- * Over 60 European-inspired, adaptable dishes.
- * Flip is a renowned kiwi singer/songwriter, who boasts her own Indie record label and owns Grater Goods, an iconic plant-based delicatessen based in central Christchurch.

The Grater Good by Flip Grater highlights food that is truly delicious and about indulgence yet happens to be good for you and the planet. Over 60 European-inspired, adaptable dishes, ranging from Seitan sausages, cassoulets and breads to super easy spreadable cheeses, pates, crackers, delectable desserts and plant-based baking and cooking. Flip is a renowned kiwi singer/songwriter, who boasts her own Indie record label and owns Grater Goods, an iconic plant-based delicatessen based in central Christchurch. In her professional life she is a successful chef and recipe writer, developing her plant-based recipes and Grater Goods products that are sold in retailers throughout Aotearoa. The recipes in this book are mostly unfussy, unpretentious, and shareable.

KOA PRESS

Category: COOKERY FOOD & DRINK

Disc: TRADE INTERNATIONAL Hardback 240 X 175 mm 224 pages Release Date: May 2022 COLOUR T

9780473587697

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COLOUR THROUGHOUT

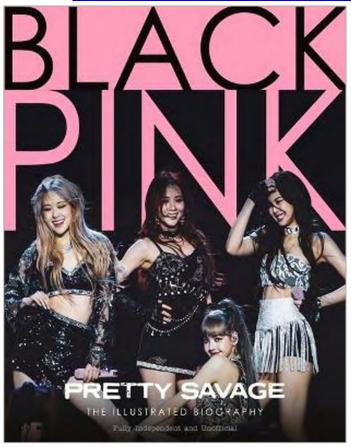
AUD\$: 49.99

COLOUR THROUGHOUT

AUD\$: 59.99







ALSO AVAILALBE:

BTS: Dynamite by Carolyn McHugh 9781912918911 – \$49.99





Black Pink Pretty Savage

By Carolyn McHugh

BLACKPINK's meteoric rise to global fame has seen them storm the charts, sell out arenas and achieve multi-platinum sales all around the world.

Meet Jisoo, Jennie, Lisa, and Rose - the four members of the all-conquering K-Pop girl group BLACKPINK.

Since making their debut in South Korea in 2016, BLACKPINK's meteoric rise to global fame has seen them storm the charts, sell out arenas and achieve multi-platinum sales all around the world.

Their infectious dance/pop/rap tracks, including studio albums, Blackpink: The Album and Born Pink and hit singles Whistle, Ddu-Du Ddu-Du, How You Like That and Pink Venom, are among the most listened to on streaming platforms, while their intricately choreographed videos have billions of views on YouTube.

Although only a few years into their career, BLACKPINK has already clocked up an impressive list of collaborators including Dua Lipa, Lady Gaga, Selena Gomez and Cardi B.

Alongside this global success the band keep the emphasis on their individual style and personalities as they continue to undertake successful solo projects and work as brand ambassadors for some of the top names in fashion.

With BLACKPINK's fame and success continuing to grow far beyond their South Korean homeland, Pure Savage gives the lowdown on K-pop's most globally successful all-female group.

SONA BOOKS

Category: MUSIC
Disc: Trade International

210 X 270 mm

Release Date: October 2023

9781915343338

Hardback

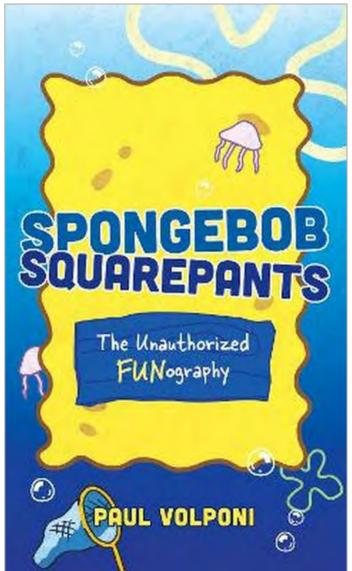
112 pages

AUD\$: 49.99









SpongeBob SquarePants The Unauthorized Fun-ography

By Paul Volponi

Key Sales Points:

*The first, long-overdue book on SpongeBob SquarePants.

The first, long-overdue book on SpongeBob SquarePants for all ages. When SpongeBob SquarePants debuted in 1999, the funloving, pure-hearted title character took the world of animation by storm, riding a virtual tsunami of praise.

As the 25th anniversary of the show nears, it's time to look back at where it all began and revisit all the adventures from the best episodes. In SpongeBob SquarePants: The Unauthorized Funography, award-winning author Paul Volponi presents the first ever "biography" of the show, exploring its origins and providing insight into the characters, the episodes, the voices, and the fans.

From jellyfishing with Patrick Star and irritating Squidward Tentacles, to flipping Krabbie Patties at the Krusty Krab and attending boating school with Mrs. Puff, this book covers it all. Volponi even includes fascinating details pulled straight from the pitch bible used by creator Stephen Hillenburg to sell the show to Nickelodeon, revealing how SpongeBob SquarePants became the network's first original Saturday morning cartoon.

Featuring quotes from an exclusive, in-depth interview with Tom Kenny, the voice of SpongeBob, as well as quiz questions in every chapter to test the reader's SpongeBob IQ, SpongeBob SquarePants is the perfect book for all fans of the dorky and loveable talking sea sponge and his band of friends.

Author Bio:

Paul Volponi is an author, journalist, and educator. His twelve novels for young adults have been the recipients of a dozen American Library Association honors and his novel Black and White was a winner of the International Reading Association Children's Book Award. Volponi is also the author of four nonfiction books for young adults, including The Great G.O.A.T. Debate: The Best of the Best in Everything from Sports to Science and Superhero Smart: Real-World Facts Behind Comic Book Characters. Volponi resides in New York City.

ROWMAN & LITTLEFIELD PUBLISHERS

Category: GEN NON-FN B&W Throughout Disc: Trade International

216 X 140 mm

Release Date: October 2023

9781538180297

9 7815381180297

Hardback 168 pages

AUD\$: 57.99





Queer Blues

By Darryl W Bullock



From the very beginning, the blues has had a close connection with the LGBTQ community. There is a long and decorated history of so-called dirty blues songs, stretching back beyond the earliest attempts to capture the blues on record.

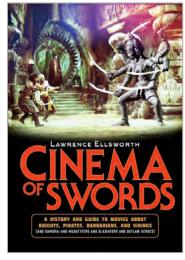
OMNIBUS PRESS

Category: MUSIC

Disc: TRADE INTERNATIONAL 234 X 156 mm

Release Date: October 2023

9781913172527 AUD\$: 44.99



Cinema of Swords

By Lawrence Ellsworth



A combination history, handbook, and love letter to nearly four hundred movies and television shows featuring swashbucklers.

ROWMAN & LITTLEFIELD PUBLISHERS

Category: FILM, TV & RADIO Disc: TRADE INTERNATIONAL

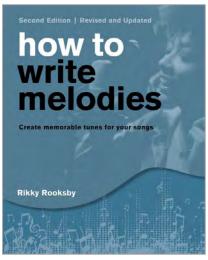
255 X 187 mm

Release Date: June 2023

9781493065622

Hardback 384 pages

B&W THROUGHOUT AUD\$: 103.00



How to Write Melodies

Hardback

368 pages

By Rikky Rooksby



How to Write Melodies is the only guide you'll ever need for demystifying and perfecting the art of melody writing.

ROWMAN & LITTLEFIELD PUBLISHERS

Category: MUSIC

Disc: TRADE INTERNATIONAL

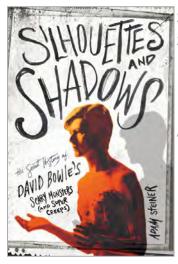
279 X 216 mm

Release Date: July 2023

9781493073399

Paperback 176 pages

AUD\$: 57.99



Silhouettes and Shadows

By Adam Steiner



Featuring exclusive interviews, this book uncovers the studio stories, ideas, and hidden meanings behind Scary Monsters as Bowie stood at the crossroads of the next decade.

ROWMAN & LITTLEFIELD PUBLISHERS

Category: MUSIC

Disc: TRADE INTERNATIONAL

229 X 152 mm

Release Date: July 2023

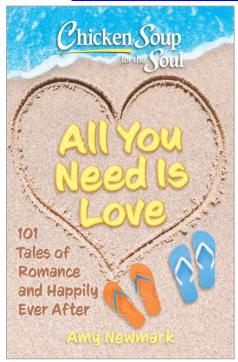
9781493065646

Paperback 296 pages

B&W THROUGHOUT

AUD\$: 49.99





Chicken Soup for the Soul: All You Need Is Love 101 Tales of Romance and Happily Ever After

By Amy Newmark

All You Need Is Love - it's a common cliche and a popular, iconic song. But is it true? Is love really all you need? The writers of these 101 true, inspirational stories answer that question with a resounding "YES!"

You won't be able to put down these heartwarming and inspirational stories of dating and romance, proposals and weddings, serendipity, and destiny.

Whether you're celebrating a longstanding relationship or still looking for your soul mate, these true, personal stories from Chicken Soup for the Soul's library will leave you convinced that to live a fulfilling, happy life, all you really need is love. Chicken Soup for the Soul books are 100% made in the USA and each book includes stories from as diverse a group of writers as possible. Chicken Soup for the Soul solicits and publishes stories from the LGBTQ community and from people of all ethnicities, nationalities, and religions.

CHICKEN SOUP SOUL

Category: SELF-HELP/PRACTICAL Disc: TRADE INTERNATIONAL

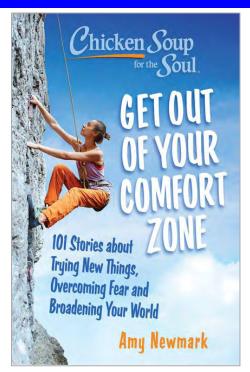
216 X 140 mm

Release Date: October 2023

9781611591026



Paperback 368 pages NOT ILLUSTRATED AUD\$: 34.99



Chicken Soup for the Soul: Get Out of Your Comfort Zone

101 Stories about Trying New Things, Overcoming Fear and Broadening Your World

By Amy Newmark

Whether it's something little—like trying a new food—or something big—like flying to a faraway country—we feel empowered when we do something that challenges us.

You can do it! John Shedd said, "A ship in harbor is safe, but that is not what ships are built for." Set sail from your safe harbor. Feel the wind, see new sights, and make your world bigger.

The eleven chapters in this book will help you: 1. Reinvent Yourself, 2. Face Your Fears, 3. Believe in Yourself, 4. Challenge Yourself, 5. Try Something New, 6. Be Daring, 7. Follow Your Dreams, 8. Go Far Away, 9. Just Say Yes, 10. Put Yourself Out There, 11. Reach Out and Connect.

Chicken Soup for the Soul books are 100% made in the USA and each book includes stories from as diverse a group of writers as possible.

CHICKEN SOUP SOUL

Category: SELF-HELP/PRACTICAL Disc: TRADE INTERNATIONAL

216 X 140 mm

Release Date: October 2023

9781611591033

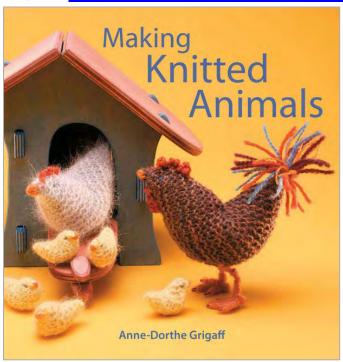


Paperback 384 pages

B&W THROUGHOUT

AUD\$: 34.99





Making Knitted Animals

By Anne-Dorthe Grigaff

What is it about these knitted animals that captures children's imaginations?

Here is an enchanting collection of animals to knit in soft wool and natural materials: ducklings, teddy bears, lambs, piglets, a handsome rooster and more.

The projects can be easily knitted with small oddments of wool of from recycled garments. Many can be completed in an hour or two. Ideal for knitters looking for ways to reduce their yarn stash!

- * Twenty endearing soft knitted animals to make, from piglets and dogs to chicks, rabbits, and hedgehogs.
- * Suitable for adults and older children with basic knitting skills.
- * Illustrated with fabulous photographs throughout.
- * Hand-drawn patterns and clear step by step instructions.
- * Knit animals for presents, for nature tables and fairs

HAWTHORN PRESS

Category: HANDICRAFTS
Disc: TRADE INTERNATIONAL

198 X 208 mm

Release Date: October 2023

9781912480852



Paperback 64 pages COLOUR SECTION(S) AUD\$: 46.99



Enchanted Garden Cross-Stitch
20 Designs Celebrating Birds, Blossoms, and the Beauty
in Our Own Backyards

By Gail Bussi

Find your cross-stitch bliss in the enchanted garden! Beloved cross-stitch designer Gail Bussi is back with a new collection of designs inspired by the imagery of a discovered garden full of secret delights. Designs feature Favorite flowers such as roses and sunflowers; birds, bees, and butterflies; herbs and tea; the changing seasons and glorious sunshine.

Gail's garden is a bit wild and invites you to just sit and invoke the vibe of the living nature surrounding you. The thoughts and meditations in her designs are meant to uplift and bring peace as you stitch them.

Each design is created in Gail's signature chalk art style and includes chart, finished photo, a materials list, and full instructions. If you are new to cross-stitch or need a refresher, turn to the introductory section to get started. There are only a few simple techniques to know, and you'll be on your way to creating a garden of delights!

ROWMAN & LITTLEFIELD PUBLISHERS

Category: HANDICRAFTS

Disc: TRADE INTERNATIONAL

254 X 203 mm

Release Date: October 2023

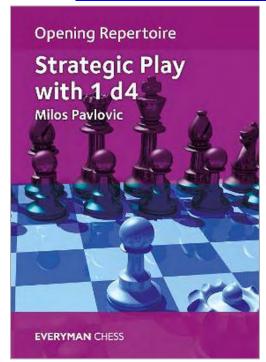
9780811771412

128 pages
COLOUR SECTION(S)
AUD\$: 54.99

Paperback







Opening Repertoire: Strategic Play with 1 d4

By Milos Pavlovic

In this book the highly experienced grandmaster Milos Pavlovic outlines a powerful repertoire for White based on 1 d4. The variations are very much based on strategic themes where an understanding of plans is far more important than memorisation of lines and move orders. The author focuses on important positional considerations such as: Which pieces need to be traded off. On which squares will pieces be most effective. What is the best way to develop the initiative. Nowadays many strong players try to beat opponents by learning sharp lines in the opening. However, it is also possible to do the same by obtaining positions where you have a great understanding of how to conduct the middlegame and thus can consistently outplay your opponent.

In Opening Repertoire: Strategic Play with 1 d4, Milos Pavlovic guides the reader through the chosen variations and carves out a complete repertoire for White. He examines all aspects of play and provides the reader with well-researched, fresh, and innovative analysis. Each annotated game has valuable lessons on the opening and contains instructive commentary on typical middlegame plans.

EVERYMAN CHESS

Category: HOBBIES/QUIZZES/GAME Disc: TRADE INTERNATIONAL

240 X 170 mm

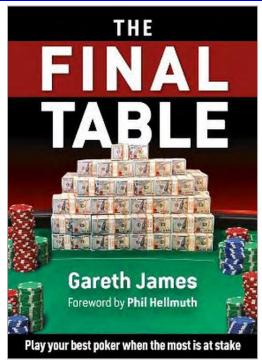
Release Date: October 2023

9781781946268



Paperback 280 pages

AUD\$: 59.99



The Final Table
Play Your Best Poker When It Matters Most

By Gareth James, Phil Hellmuth

You've reached the business end of the tournament and you're gunning for glory. However, you are now playing for the big bucks where one mistake could cost you thousands if not tens of thousands of dollars. You'll undoubtedly feel nervous. Are you technically prepared? Are you psychologically prepared?

The Final Table will teach you how to make great decisions at every stage. It will also set out a program so you can learn how to continuously improve your final table strategy every single day.

How do you apply pressure as the chip leader? What is risk premium and why is it so important? Should you play to win or play to make the most money? What's the best way to study all this?

The Final Table features detailed analysis of over 100 hand examples at different stages of play. These vary from full ring to short-handed and heads-up play and cover the most common preflop and postflop situations.

D AND B PUBLISHING

Category: HOBBIES/QUIZZES/GAME Disc: TRADE INTERNATIONAL

240 X 170 mm

Release Date: October 2023

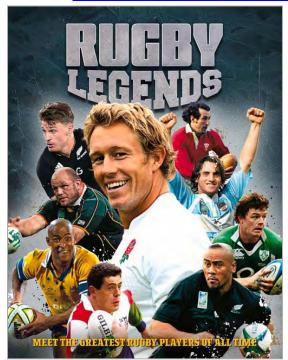
9781912862351



Paperback 276 pages

AUD\$: 74.99





Rugby Legends

By Alan Pearey

Published to coincide with the 2023 Rugby World Cup, in conjunction with Rugby World, we have taken on the task of selecting the World's greatest ever players.

It's customary when choosing all-time greats from a cast of thousands to say how difficult a task it is, and how you're unlikely to agree the selection in Rugby Legends. Both those statements are true, of course, and certainly we have agonised over numerous positions. Fly-halves Johnny Sexton and Adrian Stoop, a tactical innovator, played a century apart to a staggering standard, yet neither makes our list. You could make a case for a raft of excluded Springbok forwards, from Hennie Muller to Eben Etzebeth. And how about Neil Back, described once by Austin Healey as the world's best player for many years. But there are only ten slots per position, with wings, locks and centres lumped together, so something must give.

We make no apology for our choice of 120 male and ten female players, each of whom are indisputably masters of their craft. At the back, we have whittled down our legends to an ultimate XV.

SONA BOOKS

Category: SPORTS & OUTDOOR REC Disc: TRADE INTERNATIONAL

270 X 210 mm

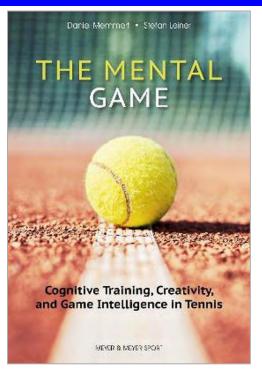
Release Date: October 2023

9781915343154

9 781915 343154

Hardback 144 pages

AUD\$: 49.99



The Mental Game: Tennis
Cognitive Training, Creativity, and Game Intelligence in
Tennis

By Prof. Dr. Daniel Memmert, Stefan Leiner

Elite tennis players like Rodger Federer or Rafael Nadal not only perceive everything that is happening around them, but they also foresee the next game situations.

This "mental speed" lays the foundation to build master performances in extremely complex situations. This book offers a theoretical framework in which anticipation, perception, attention, and memory processes play a big role in a tennis player's ability to win on the court. T

he diagnostic tools and useful examples aid the training of cognitive abilities. With more than 50 on-court practice drills to build game intelligence, every tennis player will strengthen their mental game and win their matches.

MEYER AND MEYER

Category: SPORTS & OUTDOOR REC

Disc: TRADE INTERNATIONAL

241 X 165 mm

Release Date: October 2023

9781782552581

9 | 781782 | 552581

Paperback

B&W THROUGHOUT AUD\$: 51.99

The 2023 Rugby World Cup is scheduled to take place in France from 8 September to 28 October 2023





The 50 Best Birdwatching Sites in New Zealand

By Liz Light, Oscar Thomas

The 50 Best Birdwatching Sites in New Zealand covers 50 sites on the North and South Islands, Rakiura/Stewart Island and Rēkohu/Chatham Islands that are best for birdwatching in Aotearoa New Zealand. New Zealand has a diverse range of bird species but is especially renowned for its seabirds. Fifteen of the world's 18 penguin species have been recorded in the New Zealand region. Nine of these species breed here. Of petrels, 40 of the world's 127 species breed in the New Zealand region, some on the mainland or nearby islands where they can be seen with ease, and many more are throughout the Southern Ocean. Twelve of the world's 21 albatross species nest in New Zealand and of those seven do not nest elsewhere. Detailed descriptions of each site cover the terrain, tracks and trails where certain species are likely to be encountered. Particular species for each site are highlighted.

JOHN BEAUFOY PUBLISH

NAT HIST/WLDLFE/PETS Disc: TRADE INTERNATIONAL

Paperback 210 X 148 mm 220 Pages

COLOUR SECTION(S)
Rel Date: October 2023

9781913679408 AUD\$: 48.99





New Zealand's Biggest Year

By Harry Boorman, Felicity Boorman

New Zealand's Biggest Year is an epic birding tale of how two friends become rivals and set out to break the all-time record for the most Aotearoa New Zealand bird species seen in one calendar year. Their rivalry results in more birds being spotted in a single year than ever before and two national records are broken. However, which of these two birders will take the title and become the all-time biggest year lister Aotearoa New Zealand has ever seen? From the first day at the top of South Island to the sprint finish on the Chatham Islands, this is Harry Boorman's personal account of his epic, year-long adventure. Full of twists and turns, unexpected sightings, pandemics and trip cancellations, including the addition of a species (the Emus) to the official bird list on the very last day, Harry's story gradually unfolds to its nail-biting conclusion.

JOHN BEAUFOY PUBLISH

NAT HIST/WLDLFE/PETS
Disc: TRADE INTERNATIONAL
Paperback
229 X 152 mm

229 X 152 mm 264 Pages

COLOUR SECTION(S)
Rel Date: October 2023

9781913679392 AUD\$: 48.99





A Naturalist's Guide to the Birds of New Zealand 2/e

By Oscar Thomas

A Naturalist's Guide to the Birds of New Zealand is an introductory photographic identification guide to 250 bird species, including the most commonly seen, unique and endemic species, and is perfect for resident and visitor alike. High-quality photographs from one of New Zealand's youngest nature photographers are accompanied by detailed species descriptions, which include nomenclature, size, distribution, habits, and habitat. The user-friendly introduction covers climate, vegetation, biogeography, and the key sites for viewing the listed species. Also included is an all-important checklist of all the birds of New Zealand encompassing, for each species, its English, Māori and scientific names, local status, and threat level, updated in 2022.

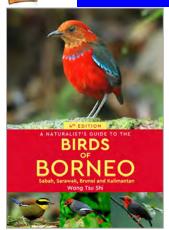
JOHN BEAUFOY PUBLISH

NAT HIST/WLDLFE/PETS
Disc: TRADE INTERNATIONAL
Paperback
180 X 128 mm

176 Pages COLOUR SECTION(S) Rel Date: October 2023

9781913679415 AUD\$: 31.99





A Naturalist's Guide to the Birds of Borneo 4/e Sabah, Sarawak, Brunei and Kalimantan

By Wong Tsu Shi

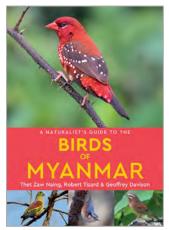
A Naturalist's Guide to the Birds of Borneo is an introductory photographic identification guide to 280 bird species commonly seen in on the island of Borneo (covering Sabah, Sarawak, Brunei and Kalimantan), and is perfect for resident and visitor alike. High quality photographs from one of Borneo's top nature photographers are accompanied by detailed species descriptions, which include nomenclature, size, distribution, habits and habitat. The user-friendly introduction covers geography and climate, vegetation, opportunities for naturalists and the main sites for viewing the listed species. Also included is an all-important checklist of all of the birds of Borneo encompassing, for each species, its common and scientific name, IUCN status and its status in each state of Borneo. The 4th edition has completely revised taxonomy, new species accounts, new photos and an up-to-date checklist.

JOHN BEAUFOY PUBLISH

NAT HIST/WLDLFE/PETS
Disc: TRADE INTERNATIONAL
Paperback
180 X 128 mm
176 Pages
COLOUR SECTION(S)
Rel Date: October 2023

AUD\$: 31.99

9781913679446



A Naturalist's Guide to the Birds of Myanmar

By Robert Tizard, Thet Zaw Naing

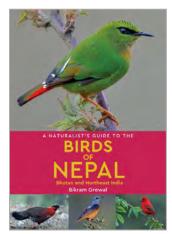
A Naturalist's Guide to the Birds of Myanmar is an introductory photographic identification guide to 280 birds found in the most frequently visited parts of Myanmar, with a further 100 related species referred to in the descriptions. The selection covers widespread, endemic, and near-endemic species, as well as species that are rare and threatened in other parts of Asia but significant in Myanmar. High quality photographs from one of Myanmar's top nature photographers are accompanied by detailed species descriptions, which include nomenclature, size, distribution, habits and habitat. The user-friendly introduction covers geography and climate, vegetation, opportunities for naturalists and the main sites for viewing the listed species.

JOHN BEAUFOY PUBLISH

NAT HIST/WLDLFE/PETS
Disc: TRADE INTERNATIONAL
Paperback
180 X 128 mm
176 Pages
COLOUR SECTION(S)
Rel Date: October 2023
9781909612723



AUD\$: 31.99



A Naturalist's Guide to the Birds of Nepal

By Bikram Grewal

A Naturalist's Guide to the Birds of Nepal is an introductory photographic identification guide to 280 bird species commonly seen in Nepal and is perfect for resident and visitor alike. High-quality photographs from some of India's top nature photographers are accompanied by detailed species descriptions, which include nomenclature, size, distribution, habits, and habitat. The user-friendly introduction covers geography and climate, vegetation and opportunities for naturalists. Also included is an all-important checklist of all of the birds of Nepal encompassing, for each species, its common and scientific name as well as its vernacular name, its status in each state as well as its global IUCN status.

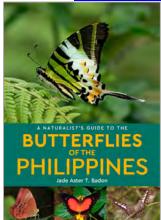
JOHN BEAUFOY PUBLISH

NAT HIST/WLDLFE/PETS
Disc: TRADE INTERNATIONAL
Paperback
180 X 128 mm
176 Pages
COLOUR SECTION(S)
Rel Date: October 2023
9781912081394
AUD\$: 31.99









A Naturalist's Guide to the Butterflies of the Philippines

By Jade Aster T. Badon

A Naturalist's Guide to the Butterflies of the Philippines is an introductory photographic guide to 289 butterfly species commonly seen in the Philippines and is perfect for resident and visitor alike. High quality photographs from the Philippines' top nature photographers are accompanied by detailed species descriptions, which include nomenclature, wing size, larval foodplant, distribution and habitat. The user-friendly introduction covers species and subspecies, butterfly observation, areas to visit, some butterfly facts, identification and taxonomy, and a glossary. Also included is an all-important checklist of all of the butterflies of the Philippines with their current global status and endemicity.

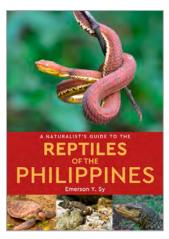
JOHN BEAUFOY PUBLISH

NAT HIST/WLDLFE/PETS Disc: TRADE INTERNATIONAL

Paperback 180 X 128 mm 176 Pages

COLOUR SECTION(S)
Rel Date: October 2023
9781913679057
AUD\$: 31.99





A Naturalist's Guide to the Reptiles of The Philippines

By Emerson Y. Sy

A Naturalist's Guide to the Reptiles of the Philippines is an introductory photographic guide to 176 reptile taxa commonly encountered in The Philippines and is perfect for resident and visitor alike. High quality photographs from the region's top nature photographers, some of species that have never been published, are accompanied by detailed species descriptions, which include common and scientific names, size, identifying features, distribution, habits, and habitat. The user-friendly introduction covers climate and biogeographical regions, habitats, conservation, topography, and advice on snakebites. Also included is an all-important checklist of all of the reptiles of The Philippines encompassing, for each species, its common and scientific name, IUCN status and CITES listing.

JOHN BEAUFOY PUBLISH

NAT HIST/WLDLFE/PETS
Disc: TRADE INTERNATIONAL
Paperback
180 X 128 mm
176 Pages

COLOUR SECTION(S)
Rel Date: October 2023
9781912081561

AUD\$: 31.99





Secret Lisbon

By Vitor Manuel Adriao

Why is the Portuguese coat of arms set at an angle of 17 Degrees on the facade of Rossio station? Where in Portugal was The Magic Flute played for the first time and why did Mozart dedicate it to his master Cagliostro? What is the theory concerning the fifth dynasty of Portugal, traces of which are found in the street layout? Where can you find the most beautiful azulejos secreted around the city? Why and how did Lusitania become Portugal (Porto Graal), the place harbouring the legendary Holy Grail? Where can you find the Lisboan serial killers head preserved in formalin? Why was the south doorway of the Jeronimos Monastery designed according to Hebrew Kabbalistic principles? What symbols are concealed within the Saint Vincent polytych at the Museum of Antique Arts? Who in fact are the Sebastianists, messianic in the style of Shiite Muslims, awaiting the return of the lost King Sebastian?

JONGLEZ

TRAVEL & HOLIDAY

Disc: TRADE INTERNATIONAL

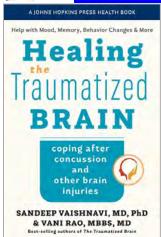
Paperback 105 X 190 mm 272 Pages

COLOUR THROUGHOUT Rel Date: October 2023

9782361956172 AUD\$: 37.99







Healing the Traumatized Brain Coping after Concussion and Other Brain Injuries

By Sandeep Vaishnavi, Vani Rao

The essential guide to recovering from concussion and other brain injuries. Recovering from a brain injury can be a challenging and **B&W THROUGHOUT** prolonged process. Learn how to maximize your recovery from the effects of brain injuries with the guidance of Sandeep Vaishnavi, MD, PhD, and Vani Rao, MBBS, MD, two leading medical experts with extensive experience helping patients recover from concussion and other brain injuries. Healing the Traumatized Brain explains how the brain works, how injuries affect the brain, and how to use your brains own power to recover. This detailed guide contains essential information on: The emotional, behavioral, mental, and physical effects following concussion and other brain injuries, Medication options and lifestyle changes, Practical strategies for healing, including stress management, behavioral therapy, and cognitive rehabilitation, Neuroplasticity and nutrition as they affect recovery and more.

JOHNS HOPKINS UNIVERSITY

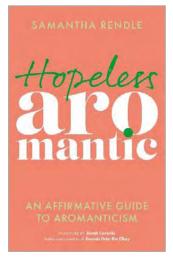
FAMILY & HEALTH

Disc: TRADE INTERNATIONAL

Paperback 229 X 152 mm 352 Pages

Rel Date: October 2023 9781421446622





Simple Guide to

Emotional Neglect

What It Is and How to Help

Hopeless Aromantic

An Affirmative Guide to Aromanticism

By Samantha Rendle

If you've picked up this book, the chances are you have some doubts about your Happiness 101 assignment sheet. True love; candlelit dinners; 2.1 children; joint bank accounts - The One? It might make you want to a run a mile - or you might just have a few big questions. Aromanticism is defined as experiencing little to no romantic attraction to others. Sam Rendle, onetime aromantic asexual, sometime aroaceflux, and present-day label unspecified, knows a thing or two about the aro spectrum - and she has some answers for you. You'll explore what aromanticism is, how aromantic people form relationships, how to know if you're aromantic and deal with internalised shame and societal stigma.

JESSICA KINGSLEY **PUBLISHERS**

SOCIETY CULTURE: GEN Disc: TRADE INTERNATIONAL

Paperback 216 X 138 mm 176 Pages

Rel Date: October 2023

AUD\$: 33.99

9781839973673



The Simple Guide to Emotional Neglect What It Is and How to Help

By Betsy de Thierry, Emma Reeves

What is emotional neglect? How does it affect children and the adults they become? What can we do to help? In The Simple Guide to Emotional Neglect, Betsy de Thierry provides clarity and guidance on the complex subject of emotional neglect, including how it impacts emotional connection and behaviour in the children who experience it. Betsy de Thierry has spent years working with children and adults impacted by emotional neglect from all walks of life and combines her experience with the latest research evidence to provide you with a concise overview of what emotional neglect looks like, and the issues it can create, including its impact on the developing brain, the development of trauma-based behaviours and challenges to forming emotional connections.

JESSICA KINGSLEY **PUBLISHERS**

SOCIAL WELFARE

Disc: TRADE INTERNATIONAL

Paperback 198 X 129 mm 112 Pages

B&W THROUGHOUT Rel Date: October 2023

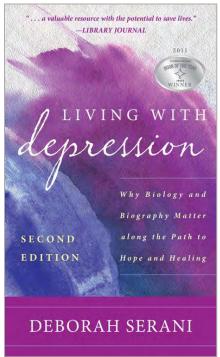
9781839976759 AUD\$: 28.99











Living with Depression Why Biology and Biography Matter Along the Path to Hope and Healing

By Deborah Serani

Key Sales Points:

*A comprehensive approach to living, and living WELL, with depression.

A comprehensive approach to living, and living WELL, with depression. One out of four Americans will experience mental illness in their lifetime; major depressive disorder is the leading cause of disability in the United States for ages 15 through 44. However, only a fraction of those suffering will seek treatment, leaving the rest alone to suffer in silence. In the fully updated second edition of Living with Depression, Serani outlines the various forms of depression, describes the different treatments, and outlines methods for living with depression and getting the help you or a loved one needs. However, since the first edition was published, much has changed in the landscape of depression including diagnostic aspects, new disorders, treatments and research, and Deborah Serani covers it all. Tips on how to choose a good therapist, negotiate the labyrinth of healthcare, and minimize stigma are addressed, as is learning how to use biology and biography as tools of empowerment.

ROWMAN & LITTLEFIELD PUBLISHERS

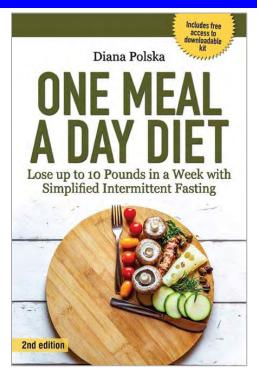
Category: PSYCHOLOGY Disc: TRADE INTERNATIONAL 216 X 140 mm

Release Date: September 2023

9781538179826



Hardback 264 pages B&W THROUGHOUT AUD\$: 65.99



One Meal a Day Diet
Lose Up to 10 Pounds in a Week with Simplified
Intermittent Fasting

By Diana Polska

Weight loss doesn't need to be overwhelming The One Meal A Day (OMAD) Diet is a simple method devised to help people lose weight with minimal effort. Author Diana Polska has drawn from hundreds of scientific studies as well as personal testimonials to deliver to the reader an easy-to-follow plan to lose weight and maintain that weight loss. This comprehensive guide explains: How to reset the body's internal clock to combat chronodisruption, a main cause of weight gain, Why it's more about when you eat than what you eat, When what you eat matters, Where other diets get it wrong (and right), How to lose weight simply, with one meal a day While no diet is fully onesize-fits-all — due to variables such as eating schedules, exercise, and genetic makeup — the One Meal a Day Diet is fully customizable. By understanding the main causes of weight gain, readers can intuitively design a healthy habit of eating based on simplified intermittent fasting that works for any lifestyle. This book touches on considerable health research to empower you to make truly informed decisions so that you can lose weight and keep it off forever.

SELF-COUNSEL PRESS

Category: FAMILY & HEALTH Disc: TRADE INTERNATIONAL

236 X 150 mm

Release Date: October 2023

9781770403383



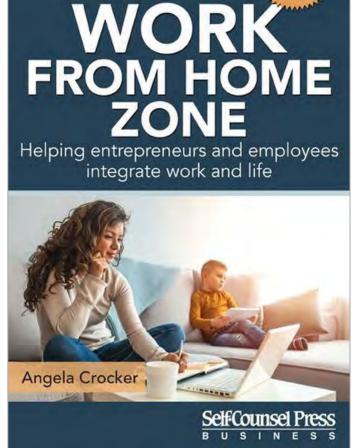
Paperback 156 pages

AUD\$: 43.99

Includes exclusive

ownloadable





Work From Home Zone

Helping Entrepreneurs and Employees Integrate Work and Life

By Angela Crocker

From author Angela Crocker, trailblazer in online communities, digital decluttering, education technology, and content planning, comes the definitive guide to working from home for employees and entrepreneurs.

Most books about working from home are written for the businesses and employers managing others.

This book is for the employees and the self-employed — the workers and the entrepreneurs — who are often overlooked when it comes to how to handle working from home.

Work from Home Zone covers how to carve out your workspace and meeting space, how to deal with communication technologies, and of course, how to set and maintain boundaries for a healthy and happy work and home life — and so much more.

The book also includes an exclusive downloadable kit of checklists, forms, and resources to help you get in the zone: the Work from Home Zone!

Author Bio:

Angela Crocker, MEd has been described as a pioneer of ethical social media, a business-savvy digital goddess, and an information organizing superhero. Crocker works as an author, speaker, and educator (often from home!) to help individuals and businesses navigate the issues, challenges, and joys of living a digital life and working remotely. She is faculty at the British Columbia Institute of Technology and is also the author of The Content Planner, Declutter Your Data, Digital Life Skills for Youth, and coauthor of Digital Legacy Plan.

SELF-COUNSEL PRESS

Category: BUSINESS & MANAGEMENT

Disc: Trade International

226 X 150 mm

Release Date: September 2023

9781770403376

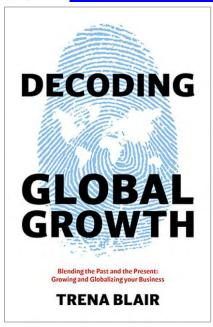
9 781770 403376

Paperback

176 pages

AUD\$: 39.99





Decoding Global Growth

Blending the Past and Present: Growing and Globalizing your Business

By Trena Blair

Nearly 70% of businesses fail when they scale. So, what does it take to be one of the 30% that succeed? Trena Blair knows the appeal of wanting to think big. As an advisor and strategist, she's worked with companies around the globe to help expand their businesses from successful companies to mega players on the international stage. In her 20 years of doing business internationally, the one thing she's come to know is this. Scaling and succeeding internationally is not for the faint-hearted. Not only does it take grit, determination and a healthy dose of courage, an in-depth knowledge of the risks and the intricacies of the landscape you're launching into are key. Because in a race where only the best-prepared survive, getting it wrong could not only cost you millions but also your reputation. Decoding Global Growth is the culmination of everything Blair has learned in her years of doing business as an entrepreneur and international corporate executive. Drawing from lessons from her clients, as well as research and insights from some of the world's most successful business leaders, and weaving a historical thread trade service, it's a practical guide.

PUBLISH CENTRAL

Category: BUSINESS & MANAGEMENT

Author is from NSW

Disc: TRADE AUSTRALIAN

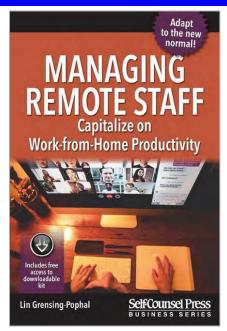
234 X 153 mm

Release Date: October 2023

9781923007307



Paperback 240 pages NOT ILLUSTRATED AUD\$: 29.95



Chronic Profit

Building Your Small Business While Managing Persistent Pain

By Alison Tedford

Building a business is hard enough. Entrepreneurship while dealing with a chronic illness or condition is even harder. Chronic Profit: Building Your Small Business While Managing Persistent Pain shares the story of how one entrepreneur sought freedom from cubicle life along with the flexibility to be a parent and a business owner and learned to extend herself enough grace and compassion to excel in business while still taking care of herself. This book covers business-building strategies that will work for any entrepreneur, such as the importance of building foundations and systems; why standardizing and simplifying offerings is something we often don't do enough; and how to shift your perspective and reframe common business problems. Another important topic, especially for businesspeople dealing with chronic pain, is how to refuel and do self-care, and as author Alison Tedford shares, that can mean a lot more than taking bubble baths. Often, we struggle when asking for help, but Tedford also discusses how to do that effectively, and leaves the reader feeling there's hope and that anyone can find joy in the journey of creating their own sustainable business while managing diverse issues and persistent pain.

SELF-COUNSEL PRESS

Category: BUSINESS & MANAGEMENT

Disc: TRADE INTERNATIONAL

224 X 150 mm

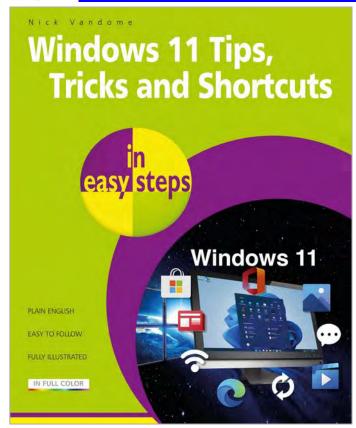
Release Date: October 2023

9781770403321

Paperback 176 pages

AUD\$: 43.99





Nick Vandome is an IT writer and trainer who specialises in digital lifestyle, digital imaging, and web-authoring. In Easy Steps books to his credit include top sellers such as Windows 11 in easy steps, Android Phones for Seniors in easy steps and Photoshop Elements in easy steps. Before he embarked on his successful career in writing computing books, he wrote books on working and travelling abroad. With the City Guidebook series, he's also sharing his passion for travel and travel photography. He lives in Perth, UK.

Windows 11 Tips, Tricks & Shortcuts in easy steps

By Nick Vandome

Using the full potential of Windows 11 can sometimes seem like a daunting task, even when you have mastered the basics of the operating system.

However, with Windows 11 Tips, Tricks & Shortcuts in easy steps you can start to take your Windows 11 knowledge to the next level.

Over 1000 useful tricks of the trade to make Windows work more efficiently for you, all revealed in this book, and updated for Windows 11.

Throughout the book you will learn how to:

- * Customize the interface to suit your needs.
- * Boost your PCs performance with simple tweaks.
- * Quicken startup and shutdown times.
- * Save time by keeping your files organized.
- * Be more productive with your PC.
- * Keep your hard drive lean.
- * Quickly repair Windows 11.
- * Give your PC a free tune-up.
- * Keep web browsing safe, private, and efficient.
- * Access family safety features.
- * Get to grips with email using the Outlook app.
- * Keep tabs on other users' activities.
- * Guard your PC against viruses and prying eyes.

With keyboard shortcuts throughout to help you save time, this popular guide is a great investment for all Windows 11 users!

AUD\$: 34.99

IN EASY STEPS

Category: OPERATING SYSTEMS

Colour Section(S)

Disc: Trade International Paperback 180 X 100 mm 216 pages

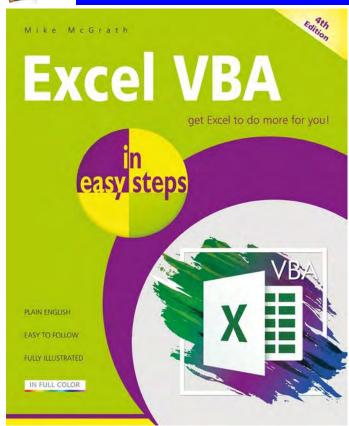
Release Date: October 2023

9781840789973

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WOODSLANE OCTOBER 2023 NEW RELEASE CATALOGUE



Excel VBA in easy steps 4/e Illustrated using Excel in Microsoft 365

By Mike McGrath

Excel VBA in easy steps, 4th edition neatly demonstrates VBA (Visual Basic for Applications) Macro programming in a clear and concise manner, so the reader can get more from the popular Microsoft Excel spreadsheet application.

This 4th edition is updated for Microsoft 365. Areas covered include:

- * Recording and editing Macros
- * Creating your own Macro programs
- * Coding with the VBA language
- * Responding to Worksheet events
- * Programming Excel procedures
- * Making 'DataForms' for data editing
- * Producing 'UserForms' for data entry
- * Displaying dynamic Charts
- * Sharing your Excel apps to impress your colleagues!

Author Bio:

Mike McGrath gained his extensive knowledge of computer languages while working as a developer contracting to companies around the world. Mike is an established In Easy Steps author with several best-selling guides to his credit.

IN EASY STEPS

Category: COMPUTER PROGRAMMING

Colour Throughout

Disc: Trade International

180 X 100 mm

Release Date: October 2023

Release Date. October 2023

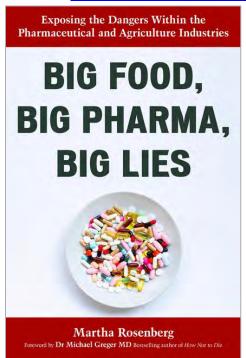
9781787910034 AUD\$: 34.99

Paperback

192 pages







Big Food, Big Pharma, Big Lies Exposing the Dangers Within the Pharmaceutical and Agriculture Industries

By Martha Rosenberg

This hard-hitting expose by leading national muckraker Martha Rosenberg blows the lid off everything you thought you knew about Big Pharma and Big Food.

What goes on behind the scenes in these industries is more suspicious, more devious, more disreputable than you could have ever imagined. Rosenberg's message is clear: the pharmaceutical and agricultural industries are tainting public health through marketing disguised as medical education and research, aggressive lobbying, and high-level conflicts of interest. If you're concerned about the safety of the drugs you take and the food you eat, you owe it to yourself to read this important book.

Having gained the trust of more than twenty doctors, researchers, and experts who were willing to come forward and finally tell all, reporter and editorial cartoonist Martha Rosenberg presents us with her shocking findings. What Rosenberg reveals about government complicity, regulatory food- and drug-safety lapses, and legislative injustices will both shock and appal.

ROWMAN & LITTLEFIELD PUBLISHERS

Category: POLITICS/GOVERNMENT Disc: TRADE INTERNATIONAL

229 X 152 mm

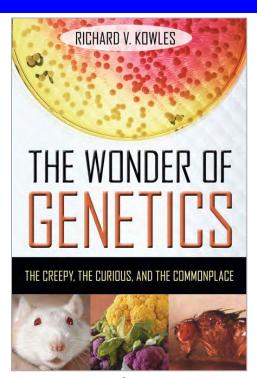
Release Date: October 2023

9781633889354



Paperback 350 pages

AUD\$: 44.99



The Wonder of Genetics
The Creepy, the Curious, and the Commonplace

By Richard V. Kowles

This refreshingly clear layperson's overview of genetics shows how heredity works and how it is studied in plants and animals, clearly explaining these concepts without an overload of technical jargon.

The author devotes separate chapters to such popular topics as:

- * the genetic differences between males and females,
- * the potential effects of radiation on the human genome,
- * eating irradiated or genetically modified foods,
- * cloning, genetic therapy,
- * stem-cell research,
- * nature vs. nurture, and how genes are related to many diseases, psychological disturbances, and possibly other behaviors.

The book concludes by addressing common misconceptions about genetics and emphasizing the discipline's potential for curing some diseases, extending human lifespan, enhancing medicine and agriculture, and generally improving society.

ROWMAN & LITTLEFIELD PUBLISHERS

Category: BIOLOGY, LIFE SCIENCE Disc:

TRADE INTERNATIONAL 229 X 152 mm

Release Date: September 2024

9781633889460

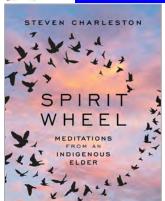
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Paperback 337 pages

AUD\$: 44.99

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WOODSLANE OCTOBER 2023 NEW RELEASE CATALOGUE



Spirit Wheel

Meditations from an Indigenous Elder

By Steven Charleston

I stand in the midst of creation's wheel And watch in wonder the quiet majesty of its turning. We are in the care of a love without limit or definition Under the protection of a love that never looks away. When the Spirit speaks to him in his daily prayers, Choctaw elder and spiritual explorer Steven Charleston takes a pen and writes down the messages. He then shares these thoughts with thousands on social media. In these musings, Charleston taps into the universal questions that draw us to prayer, no matter our spiritual background: Why am I here? Where do I belong? Where am I going? This stunning collection of more than two hundred meditations introduces us to the Spirit Wheel and the four directions that ground Native spirituality: tradition, kinship, vision, and balance.

1517 MEDIA

RELIGION & BELIEFS

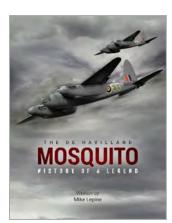
Disc: TRADE INTERNATIONAL

Hardback 197 X 146 mm 272 Pages

B&W THROUGHOUT Rel Date: October 2023

9781506486659 AUD\$: 45.99





The de Havilland Mosquito The History of a Legend

By Mike Lepine

Mosquito History of a Legend is a fascinating telling of the development of the de Havilland DH.98 Mosquito, a British twinengined, light bomber introduced during WWII. This lavishly illustrated book is the ultimate guide to the development of the airplane and the many variants of the Mosquito and the various missions it flew during WWII including in the Battle for Normandy and D Day.

SONA BOOKS

WARFARE & DEFENCE

Disc: TRADE INTERNATIONAL

Hardback 270 X 210 mm 144 Pages

COLOUR SECTION(S)
Rel Date: October 2023

9781915343239 AUD\$: 49.99





The Last Two

The Battle to Save the Northern White Rhinos

By Bostjan Videmsek, Maja Prijatelj Videmsek

Meet Najin and Fatu—the last of the northern white rhinos—as well as the scientists, conservationists, and rangers who are fighting for the species' survival. The last two remaining northern white rhinos, an already functionally extinct species, are kept behind three electrical fences and protected by a squad of rangers at the OI Pejeta Conservancy in Kenya. Their names are Najin and Fatu. Both are descended from the last male northern white rhino, Sudan. Najin is his daughter, while Fatu is his granddaughter. Along with Sudan and another male named Suni, they were transferred to Kenya in 2009, in the hope that returning them to their natural habitat might help them regain their zest for life and reproduction. Unfortunately, things didn't go to plan.

ROWMAN & LITTLEFIELD PUBLISHERS

THE ENVIRONMENT

Disc: TRADE INTERNATIONAL

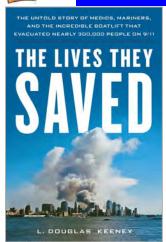
Hardback 229 X 152 mm 224 Pages

B&W THROUGHOUT Rel Date: August 2023

9781538178461 AUD\$: 64.99







The Lives They Saved

The Untold Story of Medics, Mariners, and the Incredible Boatlift That Evacuated Nearly 300,000 People on 9/11

By L. Douglas Keeney

The Lives They Saved is the story in artifacts and oral histories of the 300,000 New Yorkers who were evacuated from Manhattan on 9/11... by boat. It is a story that has not yet been written about or told. It includes hundreds of oral histories and many photographs of this high drama, set against the terrifying backdrop of the day when the Earth stood still, every airport in the U.S. was closed, and Manhattan was seized by gridlock. For perspective, the boatlift that saved Britain's expeditionary force from the beaches of Dunkirk removed approximately the same number of people: 300,000.

ROWMAN & LITTLEFIELD PUBLISHERS

HISTORY

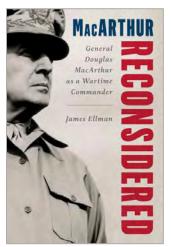
Disc: TRADE INTERNATIONAL

Paperback 229 X 152 mm 280 Pages

Rel Date: August 2023 9781493073009 AUD\$: 40.99

B&W THROUGHOUT





MacArthur Reconsidered

A New Look at the Supreme Commander at War

By James Ellman

Douglas MacArthur is one of the most controversial generals in American military history. During World War II, some adored him while others mocked him as "Dugout Doug." His superiors, like President Franklin Roosevelt and General George Marshall, considered him indispensable as well as intolerable. Dwight Eisenhower, who once served under MacArthur, was not alone in thinking, "My God, but he was smart" and "I just can't understand how such a damn fool could have gotten to be a general." Historians have been similarly conflicted, but while acknowledging that MacArthur was imperious, egotistical, insubordinate, paranoid, unfair to subordinates, and more, many have concluded that he was still a military genius. In this carefully researched and argued book that's sure to be as controversial as the general himself, James Ellman digs deep, connects the dots, and concludes that General MacArthur was decidedly not a military genius.

ROWMAN & LITTLEFIELD PUBLISHERS

HISTORY

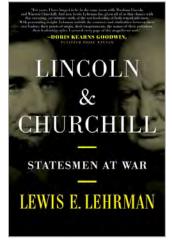
Disc: TRADE INTERNATIONAL

Hardback 229 X 152 mm 288 Pages

B&W THROUGHOUT Rel Date: October 2023

9780811771580 AUD\$: 59.99





Lincoln & Churchill

Statesmen at War

By Lewis E. Lehrman

Winner of the Abraham Lincoln Institute of Washington's 2019 book prize! A Renowned Historian Gives New Perspective on Statesmen at War Lewis E. Lehrman, a renowned historian and National Humanities Medal winner, gives new perspective on two of the greatest English-speaking statesmen-and their remarkable leadership in wars of national survival Abraham Lincoln and Winston Churchill, as commanders in chief, led their nations to victory-Lincoln in the Civil War, Churchill in World War II. They became revered leaders-statesmen for all time. Yet these two world-famous war leaders have never been seriously compared at book length. Acclaimed historian Lewis Lehrman, in his pathbreaking comparison of both statesmen, finds that Lincoln and Churchill-with very different upbringings and contrasting personalities-led their war efforts, to some extent, in similar ways.

ROWMAN & LITTLEFIELD PUBLISHERS

HISTORY

Disc: TRADE INTERNATIONAL

Paperback 229 X 152 mm 544 Pages

B&W THROUGHOUT Rel Date: August 2023

9780811772310 AUD\$: 51.99







Reciprocity

By Marie Ramsland



Jean-Paul Delamotte enabled many well-known Australian filmmakers and writers have a place in France - through his translations of films like Picnic at Hanging Rock, and Frank Moorhouse's Edith Trilogy.

ETT IMPRINT

Category: BIOGRPAHY: GENERAL

Author is from NSW

Disc: TRADE AUSTRALIAN 256 X 130 mm

230 X 130 IIIII

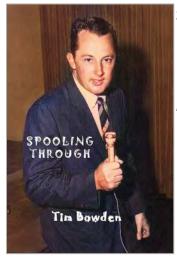
Release Date: October 2023

9781923024267

Paperback 325 pages

B&W THROUGHOUT

AUD\$: 39.95



Spooling Through

By Tim Bowden



Bowden tells his life growing up in a very sedate Tasmania, and first entrance into journalism, and the ABC. Very funny, and full of notable people and pratfalls.

ETT IMPRINT

Category: BIOGRPAHY: GENERAL

Author is from NSW

Disc: TRADE AUSTRALIAN

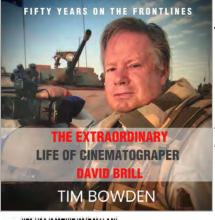
256 X 130 mm

Release Date: October 2023

9781923024403

Paperback 345 pages

NOT ILLUSTRATED AUD\$: 39.95



Fifty Years On The Frontlines

By Tim Bowden, David Brill



An autobiography of David Brill, as recorded and edited by Tim Bowden.

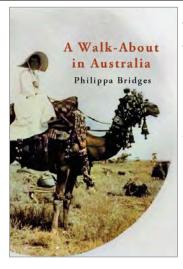
ETT IMPRINT

Category: BIOGRPAHY: GENERAL Disc: TRADE AUSTRALIAN 254 X 203 mm

Release Date: October 2023

9781923024281

Paperback 200 pages NOT ILLUSTRATED AUD\$: 39.95



A Walk-About in Australia

By Philippa Bridges



In 1923, Philippa Bridges, sister to the Governor of South Australia decided to go "overlanding across the Continent and taking a homeward bound ship from Darwin", intending to travel.

ETT IMPRINT

Category: BIOGRAPHY: GENERAL

Author is from NSW

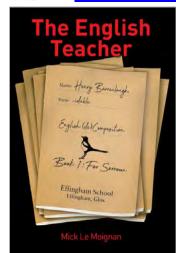
Disc: TRADE AUSTRALIAN 230 X 156 mm

Release Date: October 2023

9781923024328

Paperback 130 pages NOT ILLUSTRATED AUD\$: 24.95





The English Teacher

By Mick Le Moignan



The central character and narrator is Henry Barraclough, recently retired as Head of English at a British public school. Enraged at what he sees as his grossly unfair treatment by the school.

BOULEY BAY BOOKS

Category: MODERN & CON FICTION

Disc: TRADE AUSTRALIAN 234 X 156 mm

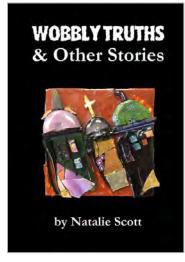
Release Date: October 2023

9780645056600

Paperback 260 pages

COLOUR THROUGHOUT

AUD\$: 29.95



Wobbly Truths & Other Stories

By Natalie Scott



A new collection of 11 short stories and a novella by a mistress of the art. This is a book that will change the way you view the people around you. Natalie Scott's subjects live on the fringe: most have been damaged or disabled.

BOULEY BAY BOOKS

Category: MODERN & CON FICTION

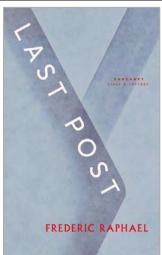
Disc: TRADE AUSTRALIAN

210 X 148 mm

Release Date: October 2023 **9780645056624**

Paperback 180 pages NOT ILLUST

NOT ILLUSTRATED
AUD\$: 19.95



Last Post

By Frederic Raphael



A book of celebrity letters from the award-winning screenwriter Frederic Raphael.

CARCANET PRESS

Category: MEMOIRS

Disc: TRADE INTERNATIONAL

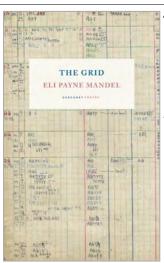
216 X 135 mm

Release Date: October 2023

9781800173033

Paperback 384 pages

AUD\$: 62.99



The Grid

By Eli P. Mandel



In poems and translations, The Grid tells a highly unusual set of stories about the end of the world, ancient and modern.

CARCANET PRESS

Category: POETRY

Disc: TRADE INTERNATIONAL

216 X 135 mm

Release Date: October 2023

9781800173293

Paperback 128 pages

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AUD\$: 29.99







Ventriloquise

By Ned Denny

Ventriloquise is a provocative, assured collection of voices and visions from the award-winning author of Unearthly Toys and B (After Dante). Ned Denny's startling new collection recalls what Heidegger says – in his essay on Hölderlin – about the poet, of all mortals, reaching most deeply into the abyss. In what does this abyss, the "world's night," consist of? In the fact that the gods have departed, and in the rootless, heaven-proof and now worldwide technocracy forged in their absence. Yet the poet is also the one who sees, in that night, the lost gods' traces, and there are glimpses here "through a veil of names" of nature's saving radiance, of the indestructible delicacy of Claude's last landscape, of a "wild grin of insect glee" just beyond the confines of sleep. As Denny's adept voice 'throws' itself into and through other texts, forms, places, things, and times - including works by Heine, classical Chinese poets, Pindar, Ronsard, Hölderlin, Mallarmé, Victor Hugo and Lorca – it becomes clear that the fathoming of our iron age is inseparable from the coming dawn.

CARCANET PRESS

Category: POETRY

Disc: TRADE INTERNATIONAL

216 X 135 mm

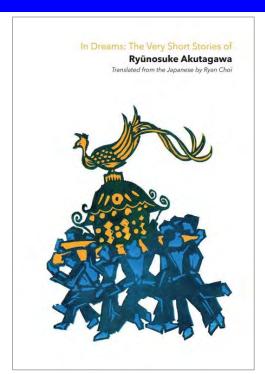
Release Date: October 2023

9781800173316



Paperback 128 pages

AUD\$: 29.99



In Dreams The Very Short Stories of Ryunosuke Akutagawa

By Ryunosuke Akutagawa, Ryan Choi

In Dreams brings together fifty-one works for the first time in English by Ryūnosuke Akutagawa, the "father of the Japanese short story" and one of the most important writers of the twentieth century. Deftly translated by Ryan Choi, these stories, and vignettes (plus two short plays) all have radical brevity in common, demonstrating that Akutagawa was an early and prescient master of what we now call "flash" fiction and nonfiction. With a striking economy of means, the author gives us vivid, eccentric, feeling characters, young and elderly, learned and unpolished, urban, and rural. Akutagawa's observations and notes – on dreams, on being impersonated, on mountain towns, winter nights, university life and, poignantly, the Great Kantō Earthquake – are as rich and evocative as his stories, with which they share a mesmerising quality. First published in Japan between 1914 and 1927 (some posthumously), these works have been overlooked in favour of Akutagawa's longer tales, which have formed the basis of his reputation in the West. In translating them, Choi rounds out our understanding of this master stylist.

MOMENTUM

Category: FICTION: SPECIAL Disc: TRADE INTERNATIONAL

216 X 138 mm

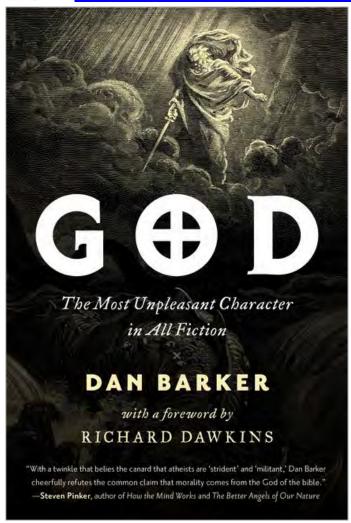
Release Date: October 2023

9781911475569



Paperback 192 pages NOT ILLUSTRATED AUD\$: 19.99





Author Bio:

Daniel Barker was a Christian preacher and minister for 19 years, before leaving Christianity in 1984. Today, he is the copresident of the Freedom from Religion Foundation with his wife, Annie Laurie Gaylor, and is the author of several books, including his memoir, Godless: How an Evangelical Preacher Became One of America's Leading Atheists. He lives in Madison, WI.

God

The Most Unpleasant Character in All Fiction

By Dan Barker, Richard Dawkins

What words come to mind when we think of God? Merciful? Just? Compassionate?

In fact, the Bible lays out God's primary qualities clearly: jealous, petty, unforgiving, bloodthirsty, vindictive-and worse!

Originally conceived as a joint presentation between influential thinker and bestselling author Richard Dawkins and former evangelical preacher Dan Barker, this unique book provides an investigation into what may be the most unpleasant character in all fiction.

Barker combs through both the Old and New Testament (as well as 13 different editions of the "Good Book"), presenting powerful evidence for why the Scripture shouldn't govern our everyday lives.

This witty, well-researched book suggests that we should move past the Bible and clear a path to a kinder and more thoughtful world.

ROWMAN & LITTLEFIELD PUBLISHERS

Category: RELIGION & BELIEFS
Disc: Trade International
229 X 152 mm

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Release Date: May 2023 9781633888760

9 781633888760

Paperback

342 pages

AUD\$: 49.99



WOODSLANE OCTOBER 2023 NEW RELEASE CATALOGUE



Everyone's Gone to the Moon July 1969, Life on Earth, and the Epic Voyage of Apollo 11

By Joe Cuhaj

Much has been written about the legendary flight of Apollo 11 and mankind's first tentative steps into deep space. It's often said that the world stopped, watching in awe as the crew of Apollo 11 completed their mission. It is true that in that moment, almost everyone had virtually gone to the moon as people around the world gazed in wonderment at the grainy black-and-white images of Neil Armstrong taking that first step onto the surface of another world. But that was a fleeting moment and just as quickly, the moment was gone- wars raged on, protestors filled the streets, and average Americans went back to their daily lives. Everyone's Gone to the Moon is a week-by-week journey through July 1969, one of the most pivotal months in human history - in space and here on Earth.

ROWMAN & LITTLEFIELD PUBLISHERS

HISTORY

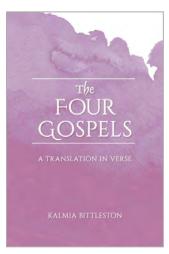
Disc: TRADE INTERNATIONAL

Paperback 229 X 152 mm 232 Pages B&W THROUGHOUT

AUDS: 47.99

Rel Date: October 2023 9781633888814





The Four Gospels A Translation in Verse

By Kalmia Bittleston

The Gospels of Matthew, Mark, Luke, and John have been translated many times into many languages. Kalmia Bittleston, an ordained priest of the Christian Community, spent the last ten years of her life translating the classic texts from the original Greek. But hers is a different kind of translation: at once lyrical and down-to-earth, she adopted a unique verse style which she felt would best convey the meaning and structure of the Gospels. The familiar words are brought afresh to the reader in this clear and direct rendering.

FLORIS BOOKS

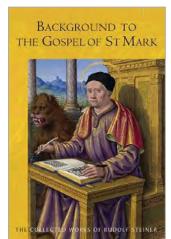
RELIGION & BELIEFS

Disc: TRADE INTERNATIONAL

Paperback 234 X 156 mm 592 Pages

Rel Date: June 2023 9781782508816 AUD\$: 95.99





Background to the Gospel of St Mark

By Rudolf Steiner, R. McDermott

'Christianity was bound at first to be a matter of faith and is only now beginning, very gradually, to be a matter of knowledge.' – Rudolf Steiner. Rudolf Steiner gave 70 lectures on the four canonical Gospels, characterizing the distinctive contribution of each of the evangelists. The Gospel of Mark is a 'cosmic' text that calls for an astronomical as well as a human reading. It is also critical for understanding the evolution of Christianity, which depends on knowledge of 'the Mystery of Golgotha' (Christ's crucifixion, resurrection, and ascension). 'We are only at the beginning of Christian evolution', Steiner states, reiterating that its further development will depend on spiritual knowledge. To develop such cognition, 'most important of all is reverence for the great truths and the feeling that we can approach them only with awe and veneration'.

RUDOLF STEINER PRESS

RELIGION & BELIEFS

Disc: TRADE INTERNATIONAL

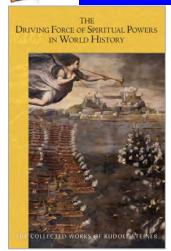
Paperback 235 X 155 mm 294 Pages

Rel Date: October 2023

9781855846593 AUD\$: 55.99



WOODSLANE OCTOBER 2023 NEW RELEASE CATALOGUE



The Driving Force of Spiritual Powers in World History

By Rudolf Steiner

What is the qualitative difference between the utterance of true and untrue words? Is there one? How about between living and dead thoughts? What is the origin of war and strife among peoples on Earth? How can humanity find a right relationship to the beings of the spiritual world? These are among the compelling questions addressed by Rudolf Steiner in this concise, yet powerful series of lectures given in March 1923, comprising this volume of "The Collected Works of Rudolf Steiner." In these lectures, Steiner portrays, among other things, the work of various hierarchical beings—both in collaboration and sometimes in opposition to one another—whose activity and strife in the spiritual world is mirrored in the migrations of and wars among peoples on Earth.

STEINER BOOKS INC

RELIGION & BELIEFS

Disc: TRADE INTERNATIONAL

Paperback 158 X 228 mm 152 Pages

NOT ILLUSTRATED Rel Date: August 2023 **9781621483168**

AUD\$: 46.99





Ita Wegman and the Clinical-therapeutic Institute A Photographic Documentation

By Mirela Faldey, Peter Sela

Ita Wegman, MD, founded and directed the first anthroposophical medical clinic in the world—the Clinical-Therapeutic Institute in Arlesheim near Basel, Switzerland. This photographic documentation was compiled to mark the centenary of the clinic, which began its work in June of 1921. The book offers a pictorial introduction to Wegman's life and work. Photographs from her youth in Indonesia, her student days, her international travels, and her professional and educational activities in Switzerland, and other places, provide the reader with detailed and vivid insight into the various phases of her career. Timetables place the individual photographs, letters, and historical documents in the context of Ita Wegman's biography and work. In English and German.

STEINER BOOKS INC

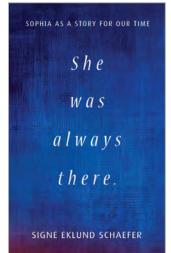
SELF-HELP/PRACTICAL
Disc: TRADE INTERNATIONAL
Paperback

Paperback 254 X 190 mm 336 Pages NOT ILLUSTRATED

Rel Date: July 2023 9781621483182

AUDS: 141.00





She Was Always There Sophia as a Story for Our Time

By Signe Eklund Schaefer

"Who, or perhaps what, is she?" Signe Eklund Schaefer poses this question as she leads us into a heartfelt exploration of the great mystery that is Sophia. Her book does not take an academic or theological path but one that is personal and full of warmth and genuine interest in discovery that goes toward living reality, well beyond mere names and fixed ideas. As Schaefer says, she decided to "forego the idea of a straightforward narrative and instead interweave musings, poems, saved quotations, and other assorted notes from my many years of living with questions about and to her." The author tells us, Questions of inner growth, of spiritual striving, of how to bear the suffering in the world without going under, and more.

STEINER BOOKS INC

MIND, BODY, SPIRIT

Disc: TRADE INTERNATIONAL

Paperback 203 X 122 mm 128 Pages

NOT ILLUSTRATED

Rel Date: September 2023

9781621483311 AUD\$: 37.99





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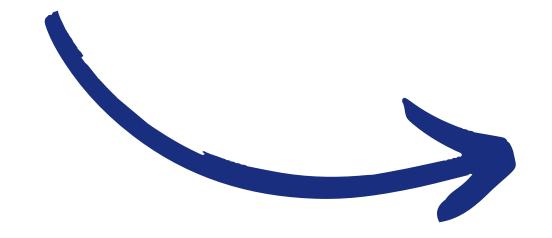
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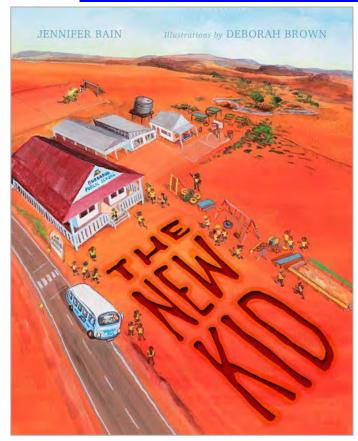


NEW RELEASE TITLES



OVER THE PAGE





The New Kid

By Jennifer Bain, Deb Brown

Key Sales Points:

- * Great to share with kids who are anxious about starting a new school or going to school for the first time.
- * Focuses on multi-racial children in an Australian outback setting.
- * Taps into Australian Curriculum Values Education around Inclusion, Belonging, Kindness.
- * Offers children a springboard to finding out about the Australian mythical creature known as a bunyip.

When the students of Burraroo Public School skipped through their dusty red playground and into class, they saw the most gobsmacking thing...Starting at a new school can be hard.

But imagine if you are a bunyip! Set in a fictional outback Australian school, this is a story about being accepted, finding a place to belong, the value of kindness, and how important it is to say sorry.

Author Bio:

Jennifer Bain has been writing stories since she was very small. She was the new kid at six different schools in three different countries growing up, and Jennifer feels she was just as awkward as Barry. Jennifer has always wanted to write picture books to help children feel comfortable in the world, but she got distracted by becoming an accountant, a mum, and then a primary school teacher. She now lives on the Central Coast NSW and finally has the time to follow her dream of creating positive stories to help children navigate the world with a sense of humour.

Deb Brown grew up in a small country town in NSW, spending her days at the beach or camping out with her family. She has always relished time outdoors where she can draw and allow her imagination to run wild. Now a semi-retired graphic designer, book designer and web designer, Deb has worked on many award-winning picture books over the years she has worked at various publishing companies. Deb says that telling stories through her paintings still gives her the biggest thrill and will always be her happy place. She now lives with her husband and three dogs in a small country town near a beach.



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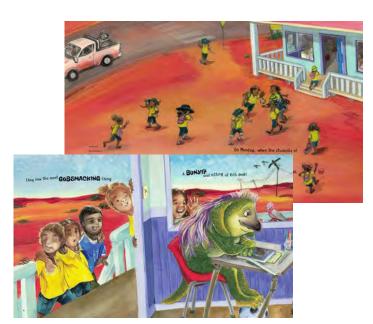
Category: PICTURE BOOK

Author is from NSW

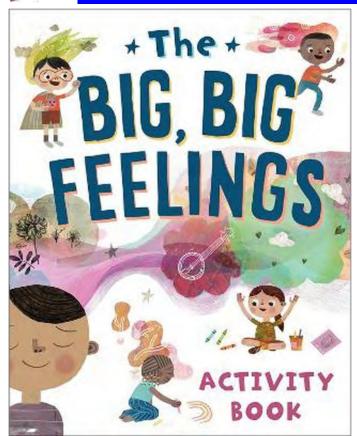
Colour Throughout Age: 3+ years
Disc: Trade Australian Hardback
280 X 230 mm 32 pages

Release Date: October 2023

9781922800374 AUD\$: 27.99







The Big, Big Feelings Activity Book

By Beaming Books, Jacob Souva

Everyone has feelings. But BIG feelings like anger, sadness, jealousy, embarrassment, and fear can be hard to process.

Finding different ways to work through each emotion can help-drawing, writing, exercising, singing, and even breathing techniques.

This consumable activity book helps kids identify, regulate, and cope with big feelings.

1517 MEDIA

Category: PICTURE BOOK

Colour Section(S)
Disc: Trade International

254 X 216 mm

Release Date: October 2023

9781506491905

Age: 5+ years

Paperback

pages

AUD\$: 19.99

Author Bio:

Beaming Books publishes high-quality children's books that help kids thrive in every part of who they are-emotionally, socially, and spiritually. With topics ranging from self-esteem to kindness, ethics, and faith, our books are designed to spark the imagination and equip kids and families to live full and flourishing lives, together.

Jacob Souva is an illustrator who lives in Upstate New York with his wife and two boys. He's passionate about equipping kids with language to navigate their emotional well-being, laugh at silly things, and be inspired by big stories. Jacob works digitally and loves to experiment with texture and colour.



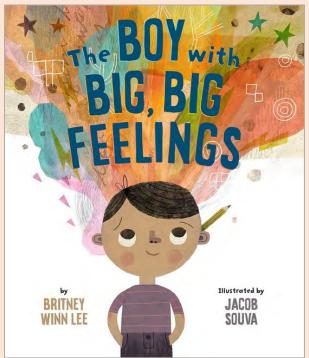












The Boy with Big, Big Feelings

By Britney Winn Lee, Jacob Souva

Meet a boy with feelings so big that they glow from his cheeks, spill out of his eyes, and jump up and down on his chest. When a loud truck drives by, he cries.

When he hears a joke, he bursts with joy. When his loved ones are having a hard day, he feels their emotions as if they were his

The boy tries to cope by stuffing down his feelings, but with a little help and artistic inspiration, the boy realizes his feelings are something to be celebrated.

Written by debut picture book author Britney Winn Lee and boldly illustrated by Jacob Souva, The Boy with Big, Big Feelings is relatable for any child, but especially for children experiencing anxiety and extreme emotions, or who have been diagnosed with autism or as a Highly Sensitive Person.

1517 MEDIA

Category: PICTURE BOOK Colour Section(S)

Disc: TRADE INTERNATIONAL

260 X 222 mm

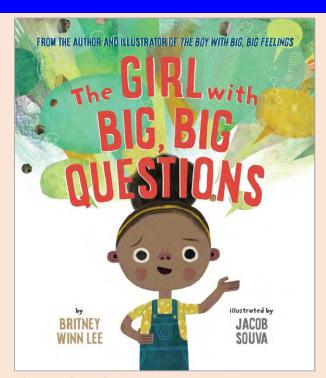
Release Date: August 2019

9781506454504



Age: 5+ years
Hardback
14 pages
COLOUR THROUGHOUT

AUD\$: 34.99



The Girl with Big, Big Questions

By Britney Winn Lee, Jacob Souva

"Why can't people live on the moon?" "Can I be president when I grow up?" "What makes a person good?"

These are just some of the questions that bubble forth from one little girl with twinkling eyes and a curious mind.

When the girl finds that her big questions make some people uncomfortable, she stops. But then she learns that her questions can solve problems and that asking questions is how we learn and grow.

Celebrate the spirit of curiosity and the joy of learning with this lively picture book about a persistent girl and her quest for knowledge.

From the author and illustrator of The Boy with Big, Big Feelings.

1517 MEDIA

Category: PICTURE BOOK Colour Section(S)

Disc: TRADE INTERNATIONAL

260 X 222 mm

Release Date: October 2021

9781506473789



Age: 5+ years Hardback 32 pages

COLOUR THROUGHOUT

AUD\$: 39.99



WOODSLANE OCTOBER 2023 NEW RELEASE CATALOGUE - KIDS & PARENTING



Orlando's Garden

By Stephanie Paulsen, Valery Vell

Orlando lives in an apartment in the city, but that doesn't stop him and his family from having an amazing garden. Orlando grows all sorts of colourful fruits and vegetables with the help of his mummy and daddy. What could you grow in your garden?

LITTLE STEPS

PICTURE BOOK

Author is from NSW

Age: 3+ years

Disc: TRADE AUSTRALIAN

Paperback 275 X 240 mm 32 Pages

COLOUR THROUGHOUT Rel Date: June 2023 9781922358585 AUD\$: 16.95





A Winter's Kiss

By Heidi James, Naya Lazareva

A Winter's Kiss is a whimsical journey through the seasons, as experienced by a child for the first time. Travel the wonders of nature through winter, spring, summer, and autumn with this beautifully illustrated picture book.

PAPERBACK VERSION AVAILABLE - 9781922678577 - RRP\$14.95

LITTLE STEPS

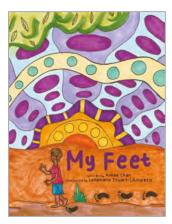
PICTURE BOOK Age: 3+ years

Disc: TRADE AUSTRALIAN

Hardback 280 X 240 mm 32 Pages

COLOUR THROUGHOUT Rel Date: June 2023 9781922678065 AUD\$: 24.95





My Feet

By Aimee Chan, Leilamarie Stuart-Likouresis

Feet are important. They take you where you need to go. If you don't look after them, you can't play footy or swim or look for honey ants. This book is all about how to care for your feet and the feet of everyone you love.

LITTLE STEPS

PICTURE BOOK

Author is from NSW

Age: 3+ years

Disc: TRADE AUSTRALIAN

Paperback 275 X 210 mm 32 Pages

COLOUR THROUGHOUT Rel Date: August 2023 9781922678157

AUD\$: 16.95





WOODSLANE OCTOBER 2023 NEW RELEASE CATALOGUE - KIDS & PARENTING



The Gum Adventures

By Maggie May Gordon, Eric Kuiper

Climate Change! The two words that have become 'the worry of our world'! Meet Mr & Mrs Gum! who decide to do a 'heave ho' uproot and leave behind their billabong in the Australian Outback ... in search of adventure! From the outback to the sea, they plod with eagerness turning to dismay and disappointment in the realisation that what they find is not what they had imagined in their hopes and dreams.

LITTLE STEPS

PICTURE BOOK

Author is from NSW

Age: 3+ years

Disc: TRADE AUSTRALIAN

Paperback 230 X 160 mm 40 Pages

COLOUR THROUGHOUT Rel Date: June 2023 9781922833723

AUD\$: 19.95





Superheroes Don't Babysit

By Amber Hendricks, Kyle Reed

Superheroes leap buildings, chase bad guys, and save the city from the evil Emperor Zog. Superheroes DON'T babysit. Except when their dad asks them to. In an epic battle of sibling rivalry, will this superhero finally meet her match? Or will she find exactly what she's been missing all along? In Superheroes Don't Babysit, author Amber Hendricks tells a story full of humor and heart, and illustrator Kyle Reed's superpowered illustrations pack a punch with their bold colors and sharp lines.

1517 MEDIA

PICTURE BOOK

Disc: TRADE INTERNATIONAL

Paperback 254 X 216 mm COLOUR SECTION(S) Rel Date: October 2023

9781506493442 AUD\$: 17.99





The Teenage Writer A Guide to Writing for School and Creativity

By Timothy Horan

An accessible guide to help teenagers improves all aspects of their writing skills, from preparing a research paper to creating works of fiction Writing well is a worthwhile skill for anyone to master, but it is especially important for teenagers. To be successful, young adults must write for school, college, and employment; and sometimes, young adults write to be creative or to express themselves. Despite this, most teens don't know how to write well, and this can be a source of great frustration and stress. In The Teenage Writer: A Guide to Writing for School and Creativity, Dr. Timothy Horan presents a remedy for this deficiency. He starts from a belief that all teens are writers at heart-whether they are writing for fun or for school-and can develop their skills and writing potential through proper instruction and practice.

ROWMAN & LITTLEFIELD PUBLISHERS

EDUCATIONAL MATERIAL Disc: TRADE INTERNATIONAL

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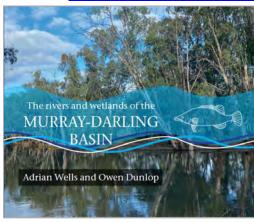
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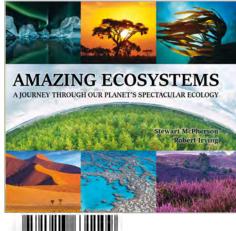






The Rivers and Wetlands of the Murray-Darling Basin

By Adrian Wells, Owen Dunlop



Amazing **Ecosystems**

By Stewart McPherson, Robert Irving



This book seeks to awaken a new generation to the wonders of the Murray-Darling Basin; to explore its heart and soul as we connect with its ancient history, First Nation cultural traditions and knowledge.

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9781908787453 AUD\$: 29.99 This book is to open young readers' minds to some of the main ecosystems which are found across our world. We journey through our world's different ecosystems and habitats.

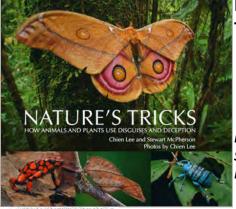
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Nature's **Tricks**

By Chien Lee, Stewart **McPherson**



Seeing may be believing, but in nature not everything you see is always what it seems. From cryptic concealments to masquerades and flashy warnings, countless organisms utilise disguises to gain an advantage.

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Living Landscapes Vol. 2

By Jennifer Cunninaham. Abbie Mitchell



This book illustrates and celebrates Australia's vibrant cultural diversity as we visit islands of the Torres Strait to the sea cliffs of the Great Australian Bight.

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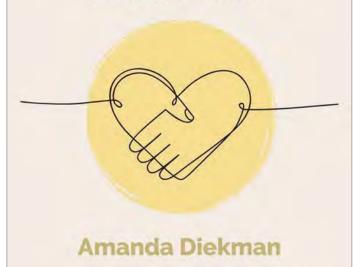
COLOUR THROUGHOUT Release Date: June 2023

9781908787446 AUD\$: 29.99





Dropping Demands, Restoring Calm, and Finding Connection with your Uniquely Wired Child



Author Bio:

Amanda Diekman is soulful Presbyterian pastor, spiritual director, coach, and autistic contemplative. She has been published at Not An Autism Mom, PDA Parents, the Mighty, and Motherly. She lives in Durham NC with her husband and 3 children.

Low-Demand Parenting

Dropping Demands, Restoring Calm, and Finding Connection with your Uniquely Wired Child

By Amanda Diekman

Key Sales Points:

*Short, easy-read guide for parents on how to reduce family conflict by dropping unnecessary demands from daily life to help neurodivergent families to thrive.

"Low-demand parenting requires radical acceptance. It says to the kid right in front of you, I see you, just as you are. - You are ok here. I love you right here."

Parent to neurodivergent children and autistic adult, Amanda Diekman, outlines a parenting approach that finally lowers the bar for the whole family, enabling the equilibrium of the home to be restored.

Low-demand parenting allows you to drop the demands and expectations that are making family life impossible and embrace the joyful freedom of living life with low demands.

It can be a particularly effective approach for children with high anxiety levels including neurodivergent children.

Amanda talks from experience and teaches you how to identify what the big, tiny, and invisible demands are for your own child and gives you the step-by-step instructions on how to drop them.

Full of practical resources and scripts that are easy to implement in busy everyday life, this book is your flashlight and your map to parenting your uniquely wired child.

It will not tell you where to go, but it will help you find your way, so you and your family thrive.

JESSICA KINGSLEY PUBLISHERS

Category: FAMILY & HEALTH

B&W Throughout

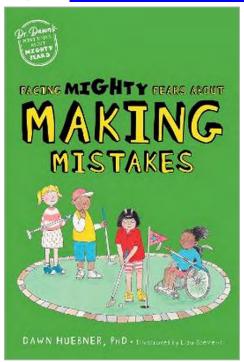
Disc: Trade International Paperback 216 X 138 mm 160 pages

Release Date: October 2023

9781839977688

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Facing Mighty Fears About Making Mistakes

By Dawn Huebner, Liza Stevens

Key Sales Points:

* A mini book tackling mighty fears about making mistakes and losing

Many children avoid taking on challenges, melting down when the going gets tough. But doing things you aren't very good it as one of the best ways to keep your brain healthy and strong. That means it's okay to mess up, and fumble, and fail. In fact, you should do these things.

Mistakes are exactly what your brain needs to grow. Facing Mighty Fears About Making Mistakes helps 6-10-year-olds get more comfortable with imperfection. Fun Facts about famous mistakes engage children, while a Note to Parents and Caregivers and supplemental Resource Section make this the perfect guide for parents and mental health professionals.

This book is part of the Dr. Dawn's Mini Books About Mighty Fears series designed to help children ages 6-10 tackle their fears and live happier lives.

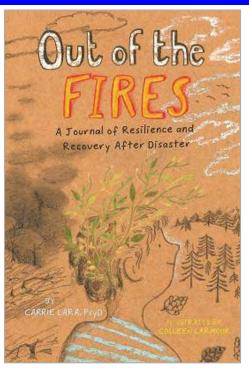
JESSICA KINGSLEY PUBLISHERS

Category: LIFE SKILL/GEN STUDS Disc: TRADE INTERNATIONAL 229 X 152 mm

Release Date: October 2023 **9781839974663**

9 781839 974663

Paperback 80 pages B&W THROUGHOUT AUD\$: 28.99



Out of the Fires A Journal of Resilience and Recovery After Disaster

By Carrie Lara, Colleen Larmour

Let me tell you about that one day everything was there, and then there was nothing. This inspiring journal will help victims of a natural disaster as they follow a boy who is healing after a devastating fire in his neighbourhood.

A journal filled with drawings, news clippings, and coping strategies, this book is chock full of information on cultivating resilience after a natural disaster. Things may never be "normal" again, but he discovers that he is resilient and strong-even when hard things happen. Includes end matter on the topic of building resilience.

Author Bio:

Carrie Lara, PsyD, is a licensed clinical psychologist who has worked with a range of clients, from children and families to adults with severe mental illness. She is an award-winning children's book author. Colleen Larmour is a children's book illustrator and author living in County Antrim, Northern Ireland. She graduated from the Cambridge School of Art master's course in children's book illustration.

MAGINATION PRESS

Category: LIFE SKILL/GEN STUDS
Disc: TRADE INTERNATIONAL

229 X 152 mm

Release Date: October 2023

9781433840692

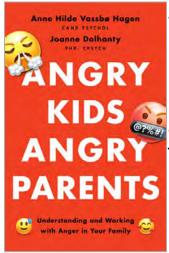
9 781433 840692

Hardback 64 pages

AUD\$: 42.99







Angry Kids, Angry **Parents**

By Anne Hilde Vassbo Hagen, Joanne Dolhanty



Gives parents all the information they need to know about their children's, and their own, anger and aggression. This book shines a light on the misunderstood elements of anger and reminds people why it is an essential emotion.

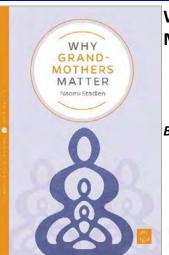
APA LIFETOOLS

Category: FAMILY & HEALTH Disc: TRADE INTERNATIONAL

216 X 140 mm

Release Date: October 2023

9781433840654



Why Grandmothers Matter

By Naomi Stadlen



Why Grandmothers Matter describes the experience of having grandchildren across many cultures, and discusses the sometimes-delicate relationships between grandmother, parent-child, and grandchild.

PINTER AND MARTIN

Category: FAMILY & HEALTH Disc: TRADE INTERNATIONAL

175 X 110 mm

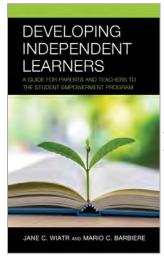
Release Date: October 2023

9781780666501

Paperback 144 pages

B&W THROUGHOUT

AUD\$: 22.99



Developing Independent Learners

Paperback

295 pages

AUD\$: 36.99

By Jane C. Wiatr, Mario C. Barbiere



This book for parents is a step-by-step process in the field of positive behavioral management.

ROWMAN & LITTLEFIELD PUBLISHERS

Category: EDUCATION Disc: TRADE INTERNATIONAL

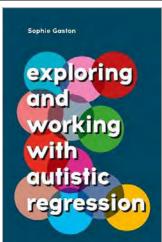
216 X 140 mm

Release Date: July 2023

9781475871272

Paperback 100 pages

AUD\$: 49.99



Exploring and Working With Autistic Regression

By Sophie Gaston



Sophie Gaston's offers the first honest and poignant depiction of autistic regression and provides invaluable advice on understanding and identifying the symptoms and how to find acceptance and happiness following diagnosis.

JESSICA KINGSLEY PUBLISHERS

Category: CLINICAL/INT'L MEDIC Disc: TRADE INTERNATIONAL

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